

Ain't Goin' Nowhere

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Lori Wong (USA)
音乐: Anyway the Wind Blows - Brother Phelps



RIGHT HEEL, TOGETHER, LEFT HEEL, TOGETHER, RIGHT HEEL, TOGETHER, LEFT HEEL, TOGETHER

1-4 Right heel touch front; right step next to left; left heel touch front; left step next to right
5-8 Right heel touch front; right step next to left; left heel touch front; left step next to right

RIGHT HEEL, TOGETHER, LEFT CROSS, HOLD, TURN, HOLD, RIGHT HEEL, HOLD

1-4 Right heel touch front; right step next to left; left cross step over right; hold
5-8 Pivot on balls of feet $\frac{1}{2}$ turn to right (unwinding crossed legs); shift weight to left foot; right heel touch front; hold

RIGHT GRAPEVINE WITH LEFT BRUSH, LEFT GRAPEVINE WITH $\frac{1}{4}$ TURN LEFT

1-4 Right step to right; left step behind right; right step to right; left brush forward next to right
5-8 Left step to left; right step behind left; left step $\frac{1}{4}$ turn to left; right touch next to left

RIGHT ROCK FORWARD, RIGHT ROCK BACK, RIGHT ROCK FORWARD, RIGHT ROCK BACK

(Choreographer's note: Optional variation - do a slow 8 count rock forward and back. You can also play with these steps and make them "electric kicks" by kicking the left forward as you rock back on the right.)

1-4 Right rock step forward; left rock back in place; right rock step back; left rock forward in place
5-8 Right rock step forward; left rock back in place; right rock step back; left rock forward in place

REPEAT
