Ai No Corrida



拍数: 64 墙数: 4 级数: Intermediate

编舞者: Dee Musk (UK)

音乐: Ai No Corrida (Original Radio Edit) - Uniting Nations



SIDE SWITCHES, & STEP POINT, TOUCH BACK ½ TURN LEFT, ½ TURN LEFT

1&2& Touch right out to right side, step right beside left, touch left out to left side, step left beside

right

3-4 Step forward on right, touch left toe forward

Touch left toe back, turning back make a ½ turn left (weight on to left)

7-8 Step forward on right, make a ½ turn left (weight forward on left) (12:00)

CROSS, SIDE, SAILOR STEP, CROSS, SIDE, SAILOR 1/2 TURN LEFT

1-2 Cross step right over left, step left to left side

3&4 Step right behind left, step left in place, step right in place

5-6 Cross step left over right, step right to right side

7&8 Making a ½ turn left step left behind right, step right in place, step slightly forward on left

(6:00)

Restart from here on wall 2

WALK RIGHT, WALK LEFT, KICK & POINT TWICE, KNEE POP, ¼ TURN RIGHT WITH SWEEP

1-2 Walk forward right, walk forward left

3&4 Kick right foot forward, step right beside left, point left toe to left side 5&6 Kick left foot forward, step left beside right, point right toe to right side

7-8 Pop right knee in, making a ¼ turn right sweep right in a to the right motion round and behind

left (9:00)

BEHIND, SIDE, CROSS ROCK 1/4 TURN RIGHT, 1/2 TURN RIGHT, SHUFFLE 1/2 TURN RIGHT

1-2 Step right behind left, step left to left side

3&4 Cross rock right over left, recover weight to left, make a ¼ turn right stepping forward on right

5-6 Step forward on left, make a ½ turn right (weight forward on right)

7&8 Making a ½ turn right shuffle, left, right, left, moving slightly backwards (12:00)

BACK ROCK, FULL TURN LEFT, SHUFFLE FORWARD, ½ TURN RIGHT

1-2 Rock back on right, recover weight to left

3-4 Making a full turn left turn ½ turn left stepping back on right, make a ½ turn left stepping

forward on left

5&6 Shuffle forward right, left, right

7-8 Step forward on left, make a ½ turn right stepping weight forward on right (6:00)

CROSS ROCK RECOVER TWICE, KICK BALL STEP, ½ TURN WITH HEEL TWISTS

1&2	Cross left over right, rock right out to right side, recover weight to left
3&4	Cross right over left, rock left out to left side, recover weight to right

5&6 Kick left forward, step left beside right, step forward on right

7&8 Making a ½ turn left twist heels to the right, to the left, to the right (weight ending on right

(12:00)

BACK ROCK, CHASSE LEFT, BACK ROCK, KICK & CROSS

1-2	Rock left behind right, recover weight to right
1-2	Rock left bening fight, recover weight to fight

3&4 Step left to left side, close right beside left, step left to left side

5-6 Rock right behind left, recover weight to left

7&8 Kick right slightly to right diagonal, step right beside left, cross left over right (12:00)

1/4 TURN LEFT, 1/4 TURN LEFT, CROSS ROCK 1/4 RIGHT, STEP 1/2 TURN RIGHT, SHUFFLE FORWARD

1-2 Making a ¼ turn left step back on right, making a ¼ turn left step left to left side

3&4 Cross rock right over left, recover weight to left, make a ¼ turn right stepping forward on right

5-6 Step forward on left, make a ½ turn right stepping weight forward on right

7&8 Shuffle forward left, right, left (3:00)

REPEAT

RESTART

On wall 2, dance up to count 16 and begin again facing 9:00 wall