

# Aggis 'n' Cakes

COPPERKNOB  
BY STEPHEN BATES

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Eddie Bolton (UK)  
音乐: Maggie's Pancakes - The Sporrans Brothers



## SUGARFOOT PATTERNS / HEEL SWITCH AND CLAPS TWICE

- 1-2      Touch left toe to right instep, touch left heel to right instep  
&3-4      Quickly step in place on left foot, touch right toe to left instep, touch right heel to left instep  
&5      Quickly step in place on right foot, touch left heel diagonally forward left  
&6      Clap hands twice  
&7      Quickly step in place on left foot, touch right heel diagonally forward right  
&8      Clap hands twice

## DIAGONAL SWITCH STEPS

- &1      Quickly step right foot in place, point left toe diagonally back left  
&2      Quickly step left foot in place, touch right heel diagonally forward right  
&3      Quickly step right foot in place, hitch left knee diagonally to left (left toe pointed down at calf level)  
&4      Feather toe at calf level to front and back of calf, kick left foot to left diagonal

**Option: kick left foot diagonally forward twice (just for us Ssassenachs)**

- &5-8      Repeat counts &1-&4 again to right

**Counts &4 &8 are done very quickly, you have 3 movements to do to 2 counts!**

## POLKA RUN / ROCK STEP / HIGHLAND FLING

- &1&2      With small hop on left foot, shuffle forward on right-left-right  
3-4      Step left to left side, rock weight onto right foot  
5&6      Kick left foot forward, step left in place, kick right foot diagonally forward  
7-8      Cross right foot over left, unwind  $\frac{3}{4}$  turn left

## $\frac{1}{2}$ LEFT TURNING SHUFFLE / BACK SHUFFLE / $\frac{1}{2}$ RIGHT TURNING SHUFFLE / STEP $\frac{1}{2}$ TURN

- 1&2      Shuffle forward on right-left-right making a  $\frac{1}{2}$  turn left  
3&4      Shuffle back on left-right-left  
5&6      Making a  $\frac{1}{2}$  turn right shuffle forward on right-left-right  
7-8      Step forward on left, pivot  $\frac{1}{2}$  turn right (end with weight on right)

## REPEAT

The choreographer wishes to dedicate this dance to Mary & Gordon Christie, who not only asked him to do the dance but coached him in some of the steps.