

After Party

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Intermediate west coast swing
编舞者: Maurice Rowe (USA)
音乐: After Party - Koffee Brown



WALK RIGHT, LEFT, ANCHOR STEP, TURN ½, TURN ½, LEFT COASTER

1-2 Step right forward, step left forward
3&4 Step right slightly behind left, step left in place, step right in place
5-6 Turn ½ left and step left forward, turn ½ left and step right back
7&8 Step left back, step right back, step left forward (12:00)

WALK RIGHT, LEFT, ROCK & CROSS, LEFT ROCK & CROSS, HOLD, BALL CROSS

1-2 Step right forward, step left forward
3&4 Rock right to side, recover to left, cross right over left
5&6 Rock left to side, recover to right, cross left over right
7&8 Hold, step right to side, cross left over right

TURN ¼ RIGHT, SWIVEL TURN ½ LEFT, LEFT COASTER, TURN ¼ LEFT WITH HIP BUMPS, TURN ½ LEFT WITH HIP BUMPS

1-2 Turn ¼ right and step right forward, turn ½ left (weight to right, 9:00)
3&4 Step left back, step right back, step left forward
5&6 Turn ¼ left and step right to side and bump hips right, left, right (weight to right)
7&8 Turn ½ left and step left to side and bump hips left, right, left (weight to left, 12:00)

RIGHT SAILOR, LEFT SAILOR TURN ¼, FORWARD RIGHT COASTER, BACK LEFT COASTER

1&2 Cross right behind left, step left to side, step right to side
3&4 Cross left behind right, turn ¼ left and step right to side, step left to side
5&6 Step right forward, step left together, step right slightly back
7&8 Step left back, step right back, step left forward

Dance ends facing 9:00 wall with weight on left forward

REPEAT