

After All These Years

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Neville Fitzgerald (UK)
音乐: Everything's Changed - Lonestar



STEP, ROCK, RECOVER, TRIPLE ½ TURN, STEP PIVOT, ROCK & CROSS BEHIND

1-2-3 Step forward on left, rock forward on right, recover on left
4&5 Make ½ turn over right shoulder stepping right-left-right
6-7 Step forward on left, pivot ½ turn right keeping weight on right
8&1 Rock to left side on left, recover on right, cross step left behind right

SIDE, CROSS, ROCK & CROSS, SIDE, TOUCH, KICK & CROSS

2-3 Step right to right side, cross step left over right
4&5 Rock to right side on right, recover on left, cross step right over left
6-7 Take long step to left on left, touch right next to left
8&1 Kick right forward diagonal right, step right to side, cross step left over right

2X ¼ TURN LEFT, CROSS ROCK SIDE, BEHIND, SIDE, CROSSING SHUFFLE

2-3 Make ¼ turn left stepping back right, make ¼ turn left stepping left to left side
4&5 Cross rock right over left, recover on left, step right to right side
6-7 Cross step left behind right, step right to right side
8&1 Cross step left over right, step right to side, cross step left over right

¾ MONTEREY, CHASSE LEFT, CROSS ROCK, CHASSE RIGHT

2-3 Touch right toe to right side, on ball of left turn ¾ to right stepping right next to left
4&5 Step left to left side, step right next to left, step left to left side
6-7 Cross rock right over left, recover on left
8&1 Step right to right side, step left next to right, step right to right side

CROSS ROCK, CHASSE ¼ TURN LEFT, STEP, ½ PIVOT, TRIPLE FULL TURN

2-3 Cross rock left over right, recover on right
4&5 Step left to left side, step right next to left, make ¼ turn left stepping forward left
6-7 Step forward right, pivot ½ turn left keeping weight on left
8&1 Make ½ turn left stepping back on right, ½ turn left stepping forward left, step forward right.
(traveling forward, option right shuffle)

STEP, POINT, SAILOR ¼ TURN, STEP ½ PIVOT, LEFT LOCK STEP*

2-3 Step forward on left, point right to right side
4&5 Step right behind left, turn ¼ right stepping left to side, step right next to left
6-7 Step forward on left, pivot ½ turn to right
8&1 Step forward left, lock right behind left, step forward left

Last step forward left is first step of dance

REPEAT

Doesn't work with version of song on Lonely Grill album.