

Africa

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 4 级数: Intermediate
编舞者: High-Spirited Couple (DE)
音乐: Africa - Toto



ROCK STEP, CROSS, STEP, CROSS, ROCK STEP, CROSS, ½ TURN, ¼ TURN

1-2 Rock side on right, weight back on left
3&4 Cross right in front of left, step left to left side, cross right behind left
5-6 Rock side on left, weight back on right
7&8 Cross left in front of right, ½ turn left step right back, ¼ turn left step left forward

ROCK STEP, STEP TOUCH, STEP TOUCH, ROCK STEP, POINT, FULL TURN

1-2 Rock forward on right, weight back on left
&3 Step right back, touch left toe in front of right pop left knee inside
&4 Step left back, touch right toe in front of left pop right knee inside
5&6 Rock back on right, weight back on left, touch right to right side
&7-8 Step right next to left, ½ turn left step left back, ½ turn left step right forward

CROSS OUT OUT, CROSS POINT, CROSS POINT, SAILOR STEP

1&2 Cross right in front of left, step right back slightly to right side, step left slightly to left side
3-4-5-6 Step right behind left, touch left to left side, step left behind right, touch right to right side
7&8 Cross right behind left, step left slightly to left side, step right slightly to right side

CROSS, ¼ TURN, ½ TURN, ROCK STEP, STEP TOUCH, STEP TOUCH

1&2 Cross left behind right, ¼ turn right step right forward, ½ turn right step left back
3-4 Rock back on right, weight back on left
5-6 Step right forward slightly to right, touch left behind right
7-8 Step left back slightly to left, touch right in front of left

STEP TOUCH, STEP TOUCH, ½ TURN, ¾ TURN, STEP LOCK STEP

&1 Step right next to left, touch left in front of right
2-3-4 Step left forward slightly to left, touch right behind left, ½ turn right
5-6 Cross left in front of right, ¾ turn right
7&8 Step left forward, cross right behind left, step right forward

REPEAT
