

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Gaye Teather (UK) & Charlene Teather  
音乐: One Night - J.C. Jones



## SKATE RIGHT, TOUCH, LEFT DIAGONAL SHUFFLE TWICE

1-2            Skate right foot diagonally right touch left foot beside right  
3&4           Step left foot diagonally forward to left step right beside left, step left diagonally forward left  
5-8            Repeat steps 1-4

## RIGHT ROCK FORWARD & BACK (ROCKING CHAIR), STEP PIVOT ½ TURN LEFT RIGHT SHUFFLE FORWARD

9-10           Rock forward on right foot, recover onto left  
11-12          Rock back on right foot, recover onto left  
13-14          Step forward on right pivot ½ turn left  
15&16          Step right foot forward, step left beside right step right foot forward (6:00)

## SKATE LEFT, TOUCH, RIGHT DIAGONAL SHUFFLE, SKATE LEFT, CHASSE ¼ TURN RIGHT

17-18          Skate left foot diagonally left touch right foot beside left  
19&20          Step right foot diagonally forward to right step left beside right step right diagonally forward right  
21-22          Skate left foot diagonally left touch right foot beside left  
23&24          Step right foot to right side, step left beside right step right foot ¼ turn right (9:00)

## STEP PIVOT ½ TURN RIGHT LEFT SHUFFLE FORWARD, FULL TURN LEFT STEP ¼ TURN LEFT

25-26          Step forward on left pivot ½ turn right  
27&28          Step forward on left step right beside left step forward on left  
29-30          Make ½ turn left stepping back on right make ½ turn left stepping forward on left  
31-32          Step forward on right turn ¼ left (weight ends on left) (12:00)

## CROSS-SIDE-BEHIND, SWEEP, BEHIND-SIDE-CROSS, POINT

33-36          Cross right over left step left to left cross right behind left sweep left out and round to left side  
37-40          Cross left behind right step right to right cross left over right point right to right side (12:00)

## CROSS, UNWIND ½ LEFT CROSS, UNWIND ½ RIGHT CROSS ROCK, RIGHT CHASSE

41-42          Cross right over left unwind ½ turn left (weight ends on right)  
43-44          Cross left over right unwind ½ turn right (weight ends on left)  
45-46          Cross rock right over left recover onto left  
47&48          Step right to right side, step left beside right step right to right side (12:00)

## CROSS, ¼ TURN LEFT SIDE, SLIDE, FULL TURN RIGHT

49-50          Cross left over right make ¼ turn left stepping back on right  
51-52          Long step to left on left foot, slide right foot and touch beside left  
53-54          Step right ¼ turn right turn ½ right stepping back on left  
55-56          Make ¼ turn right stepping right to right side, touch left beside right (9:00)

## SIDE LEFT, BEHIND, CHASSE ¼ TURN LEFT FORWARD ROCK, BACK, CLOSE

57-58          Step left to left side, step right behind left  
59&60          Step left to left, step right beside left step left ¼ turn left  
61-62          Rock forward on right recover onto left  
63-64          Step back on right close left beside right taking weight onto left foot, (6:00)

REPEAT

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