

Adios Reality

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Heather Frye (CAN)
音乐: Celebrity - Brad Paisley



SHUFFLE FORWARD RIGHT, SHUFFLE FORWARD LEFT, STEP FORWARD RIGHT, TURN ½ LEFT, STEP FORWARD RIGHT, LEFT

1&2 Step right foot forward, step left beside right, step forward onto right
3&4 Step left foot forward, step right beside left, step forward onto left
5-6 Step right foot, turn ½ turn left stepping onto left foot
7-8 Step forward right, step forward left

STEP RIGHT, LEFT BEHIND, RIGHT SIDE ROCK STEP, CROSS STEP RIGHT, LEFT SIDE ROCK STEP, CROSS STEP LEFT

1-2 Step side right, step left behind right
3-4 Rock side right, recover weight onto left foot
5-6 Cross step right over left, rock side left
7-8 Recover weight onto right foot, cross step left over right

¾ TURNING BOX

1-2 Step side right, touch left beside right
3-4 Turn ¼ turn left stepping onto left, touch right beside left
5-6 Turn ¼ turn left stepping onto right, touch left beside right
7-8 Turn ¼ turn left stepping onto left, touch right beside left

HEEL GRIND RIGHT, HEEL GRIND LEFT, STEP FORWARD RIGHT, KICK LEFT FORWARD, STEP BACK LEFT, RIGHT, HOLD AND CLAP

1-2 Step right heel forward with toe pointing slightly left, fan toes from left to right stepping onto right foot
3-4 Step left heel forward with to pointing slightly right, fan toes from right to left stepping onto left foot
5-6 Step forward onto right foot, kick left foot forward
&7-8 Step back onto left foot then right foot (about shoulder width apart), clap hands and shift weight to left foot

REPEAT

Choreographed for the 2nd annual fundraiser to support St. Jude's Hospital on January 29, 2005, organized by Andy and Peggy Williams
