

Adalida

拍数: 32 墙数: 4 级数: Beginner
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音乐: Adalida - George Strait



CHARLESTON

1-2 Step forward right, kick left
3-4 Step left backward, touch right next to left

GRAPEVINE RIGHT

5-6 Step right to side, cross left behind right
7-8 Step right to side, scuff left

CHARLESTON

9-10 Step forward left, kick right
11-12 Step right backward, touch left next to right

GRAPEVINE LEFT

13-14 Step left to side, cross right behind left
15-16 Step left to side, scuff right

SCOOT

17-18 Scoot forward on right, scoot forward on right
19-20 Scoot forward on left, scoot forward on left

SIDE TOUCHES

21-22 Touch right to side, step right together
23-24 Touch left to side, step left together

MONTEREY ½ TURN RIGHT

25-26 Touch right to side, turn ½ turn right stepping right next to left
27-28 Touch left to side, step left together

JAZZ BOX WITH ¼ TURN RIGHT

29-30 Step right across left, step left backward
31-32 Step right to side turning ¼ turn right, step left next to right

REPEAT

You can replace the side touches (steps 21-24) with jumping jacks, and the Monterey turn (steps 25-28) with unwinding jumping jacks as follows:

21-22 Jump feet apart, jump crossing left in front of right
23-24 Jump feet apart, jump feet next to each other
25-26 Jump feet apart, jump crossing left in front of right
27-28 Unwind, hold