

# Achy Shakey

COPPERKNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Glynn Rodgers (UK)  
音乐: How Many Tears Can You Hide - Shakin' Stevens



## BACK, MODIFIED MONTEREY TURN, SHUFFLES, TURNING SYNCOPATED JAZZ BOX

1                    Step back left  
2-3                Point right to right side, on ball of left make ½ turn right, touching right in-front of left

### Option:

2-3                Touch right toe back, pivot ½ right (no weight)  
4&5                Shuffle forward right-left-right  
6-7                Cross left over right, turn ¼ left stepping back right  
&8                 Step left to place, cross right over left

## CHASSE, BACK ROCK, 1 ¼ ROLLING VINE, STEP

1&2                Chasse left-right-left  
3-4                Rock back right, recover weight onto left  
5-6                Turn ¼ right stepping forward right, make ½ turn right stepping back left  
7-8                Turn ½ right stepping forward right, close left to right

### Option:

5-8                Step right to right side, cross left behind right, turn ¼ right stepping forward right, step forward left

## TOUCH-BACK-CROSS TWICE, BACK, SIDE, SHUFFLE FORWARD

1&2                Touch right toe beside left, step diagonally back right, cross left over right  
3&4                Touch right toe beside left, step diagonally back right, cross left over right  
5-6                Step back right, step left to left side  
7&8                Shuffle forward right-left-right

## ROCK STEP, SHUFFLE TURN, ROCKING CHAIR

1-2                Rock forward left, recover weight onto right  
3-4                Triple 1 & ½ left stepping left-right-left  
5-6                Rock forward right, recover weight onto left  
7-8                Rock back right, recover weight onto left

## TOUCH-BACK-CROSS TWICE, BACK, SIDE, PIVOT TURN

1&2                Touch right toe beside left, step diagonally back right, cross left over right  
3&4                Touch right toe beside left, step diagonally back right, cross left over right  
5-6                Step back right, step left to left side  
7-8                Step forward right, pivot ½ turn left

## PIVOT TURN, CHASSE, BACK ROCK, SIDE-CLOSE, HOLD

1-2                Step forward right, pivot ¾ turn left  
3&4                Chasse right-left-right  
5-6                Rock back left, recover weight onto right  
&7-8                Step left to left side, close right to left, hold

## SIDE, BEHIND & CROSS, BACK & SIDE, BEHIND & CROSS

1                    Step left to left side  
2&3                Cross right behind left, step left to left side, cross right over left  
4                    Step left to left side  
5&6                Rock back right, recover weight onto left, step right to right side

7&8            Cross left behind right, step right to right side, cross left over right

**SIDE ROCK, CROSS, CLAPS, HINGE TURN, OUT, OUT**

1-2            Rock right to right side, recover weight onto left

3&4            Cross right over left, clap hands twice

5-6            Turn  $\frac{1}{4}$  right stepping back left, turn  $\frac{1}{2}$  right stepping forward right

7-8            Step left out to left slight diagonal, step right out to right slight diagonal

**REPEAT**

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