

Achy Breaky Rides Alone

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数:
编舞者: Shirley Hawkins (USA)
音乐: Achy Breaky Heart - Billy Ray Cyrus



SHUFFLE STEPS, ROCK STEPS WITH TURNS

- 1&2 Shuffle to the right (right-left-right)
- 3&4 Shuffle to the left (left-right-left)
- 5 Rock back on right foot
- 6 Rock forward on left foot with $\frac{1}{4}$ turn left
- 7&8 Shuffle (right-left-right) turning $\frac{1}{2}$ turn left

BACK STEPS

- 9 Step back on left foot
- 10 Step back on right foot
- 11 Hitch left foot up, while pivoting $\frac{1}{4}$ turn right on right foot
- 12 Step left foot down

WALK BACKWARDS

- 13 Step back on right foot
- 14 Step back on left foot
- 15 Step back on right foot
- 16 Stomp left foot

SHUFFLE STEPS, ROCK STEPS AND $\frac{1}{4}$ TURN

- 17&18 Shuffle to the left (left-right-left)
- 19 Stomp right foot
- 20 Stomp right foot again
- 21&22 Shuffle to right (right-left-right)
- 23 Rock back on left foot
- 24 Rock forward on right foot
- 25&26 Shuffle to the left (left-right-left)
- 27 Rock back on right foot
- 28 Rock forward on left foot with a $\frac{1}{4}$ turn left

GRAPEVINE RIGHT

- 29 Step right foot to right
- 30 Cross left foot behind right
- 31 Step right foot to right
- 32 Stomp left foot next to right

HEEL TAPS

- & Quickly, step left foot forward
- 33 Tap left heel
- 34 Tap left heel
- 35 Tap left heel
- 36 Tap left heel
- & Switch to right foot forward (bring left foot back)
- 37 Tap right heel
- 38 Tap right heel
- 39 Tap right heel

40 Tap right heel

HAND JIVE

- 41 With both hands, slap both legs (right hand to right)(left to left)
- 42 With both hands, slap both legs (right hand to right)(left to left)
- 43 Cross right hand over left hand and left under right (touch legs)
- 44 Uncross (right hand to right leg) (left hand to left leg)
- 45 Cross right hand under left hand and left over right (touch legs)
- 46 Uncross (right hand to right leg) (left hand to left leg)
- 47 Push both hands forward
- 48 Push both hands forward again

REPEAT
