

Achy Breaky Heart

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Melanie Greenwood (USA)
音乐: Achy Breaky Heart - Billy Ray Cyrus



VINE TO THE RIGHT AND HOLD, HIPS ROCK AND HOLD

1-4 Step right to side, cross left behind right, step right to side, hold
5-8 Bump hips left, right, left, hold (weight to left)

STAR TURN

9-11 Touch right toe back, touch right toe forward, cross/touch right over left
12 Unwind $\frac{3}{4}$ left (weight to right)

13-14 Step left back, step right back
15-16 Hitch left knee, turn $\frac{1}{4}$ left and step left together
17-18 Step right back, step left back
19-20 Step right back, stomp left together

HIPS ROCK AND HOLD, $\frac{1}{4}$ TURN, STOMP, AND $\frac{1}{2}$ TURN

21-24 Step left to side and bump hips left, right, left, hold (weight to left)
25-26 Turn $\frac{1}{4}$ right and step right forward, stomp/touch left together
27-28 Turn $\frac{1}{2}$ left and step left forward, stomp/touch right together

VINE TO THE RIGHT WITH STOMP/CLAP

29-32 Step right to side, cross left behind right, step right to side, stomp left together (clap)

REPEAT

Option: Substitute a vine right turning a full turn right for counts 1-4 when repeating the dance, as follows:

The floor movement is in a straight line to the right

1 Turn $\frac{1}{4}$ right and step right forward
2 Turn $\frac{1}{2}$ right and step left back
3 Turn $\frac{1}{4}$ right and step right to side
4 Hold

Leaving feet apart with body weight over right foot, right leg straight, left knee slightly bent