

Ace 10

拍数: 32 墙数: 4 级数: Intermediate/Advanced
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音乐: Just Like A Rodeo - Roger Brown & Swing City



RIGHT CROSS BALL CHANGE, CROSS TOUCH, HOLD (MOVING SLIGHTLY FORWARD)

This pattern of 8 is written in basic line dance form. The styling should be as follows: The ball change on counts "&2" is done outside shoulder width with left leg extended and may feel like a rock or push step. The right leg (support leg) is bent. The weight stays centered over the hips. The right cross touch on counts "&3" have a similar feel. Bend both knees on the right cross. On count 3, the left leg (support leg) is bent, and the right leg and toe are extended to the right. Think of balancing a book on your head under a low ceiling. Stay low and do not bounce with the ball change moves.

1&2& Right step cross on forward diagonal over left; left step to left onto ball of left foot, right step slightly back, left step cross on forward diagonal over right
3-4 Right touch to side, hold
5-8 Repeat 1-4

WALK, WALK, ¼ TURN LIFT, CROSS

9-12 Right step forward, left step forward, lift right foot to knee and make a ¼ turn left on ball of left foot, right step cross over left

SYNCOPATED VINE, STEP SIDE, ½ TURN RIGHT, LIFT, CROSS, TOUCH, CROSS UNWIND, COASTER STEP

13-14 Left step to left, right step cross behind left
&15-16 Left step to right, right step cross over left, left (small) step left
Count 16 is done by stepping down with bent knee in preparation for the ½ turn on the next 2 counts
17-18 ½ turn right on ball of left foot (lifting right knee and placing right foot beside knee).
This two count turn is done in releve to give the feeling of being "suspended" in air)
&19-20 Right foot step slightly back, left cross over right, right touch to right
"&19" gives the feeling of a lowering action after the turn in releve
21-22 Right touch cross over left, ½ turn left (unwind), shifting weight to right foot
23&24 Left step back, right step beside left, left step forward

WALK, HOLD, WALK, HOLD, STEP, STEP, STEP, STEP

25-28 Right step forward (slight stomp); hold, left step forward (slight stomp), hold
29-32 Right step slightly back, left step slightly back, right step slightly back, left step slightly back
The last 4 steps should be done with hip action

REPEAT