

Absolutely

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Jan Brookfield (UK)
音乐: Absolutely Everybody - Vanessa Amorosi



HIP SWAY, CHASSE RIGHT, HIP SWAY, CHASSE LEFT

1-2 Step right to side, sway hips right and left, weight ends on left
3&4 Shuffle sideways to right on right, left, right
5-6 Step left to side, sway hips left and right, weight ends on right
7&8 Shuffle sideways to left on left, right, left

ROCK STEP, TOE STRUTS FORWARD, PIVOT HALF TURN LEFT

9-10 Rock back onto right, step forward onto left
11-14 Step forward on right toes then heel, step forward on left toes then heel
15-16 Step forward on right, pivot half turn to left, weight ends on left

HALF TURN SHUFFLE LEFT, ROCK BACK, THREE QUARTER SHUFFLE RIGHT, ROCK BACK

17&18 Making half turn to left, shuffle on right, left, right
19-20 Rock back onto left, step forward onto right
21&22 Making a three quarter turn to right, shuffle on left, right, left
23-24 Rock back onto right, step forward onto left

TOE POINTS TO SIDE, CROSS STEPS WITH OPTIONAL CLICKS

25-26 Point right toes to right side, step right across in front of left
27-28 Point left toes to left side, step left across in front of right

Option: open arms on point steps, cross arms and click fingers on cross steps

MAMBOS FORWARD & BACK

29&30 Step right forward, rock back onto left, step right next to left
31&32 Rock back on left, step forward onto right, step left next to right

REPEAT