

About Face

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 2 级数:
编舞者: Terry Hogan (AUS)
音乐: In Your Face - Ty Herndon



Sequence: AB, AC, A, AB, AC, A

SECTION A

- 1 Rock/step right foot to the right side pushing hips slightly to the right
2&3 Shuffle to the left side left-right-left
4 Rock/step right foot across behind left angling body slightly to face right
5 Rock forward onto left foot to face front
6 Twist left heel to the right side touching right toe(turned in) to the right side
7 Twist left heel to center & touch right toe beside left instep
8&9 Shuffle forward right-left-right
- 10-11 Step forward on left foot, on balls of feet make $\frac{1}{2}$ pivot turn right stepping weight forward onto right foot
12-13 Repeat pivot turn count 10-11
&14 Step left foot to left side, step right foot to the right side (shoulder width apart)
&15 Step left foot to center, step right foot beside left
& Push left knee forward & across left keeping right leg straight & raising left heel
16 Push right knee forward & across right raising right heel while lowering left & straightening left leg (weight is on left foot)
- 17& Step right foot to the right side, step on ball of left foot across behind right raising right heel
18 Lower right heel taking weight onto right foot
19& Step left foot to the left side, step on ball of right foot across behind left raising left heel
20 Lower left heel taking weight onto left foot
- 21 Step right foot to the right side
22 Step left foot across behind right making $\frac{1}{4}$ turn right
23 Kick right foot forward
& Step right foot down slightly apart from left
24 Step left foot slightly to the left side (approximately shoulder width apart)
- 25 Push/bend right knee in toward left knee
26 Push /bend left knee toward right knee while straightening right leg
27& Step back on ball of right foot, step on ball of left foot beside right
28 Rock/step forward on right foot
29 Rock backward onto left foot pushing with right foot
30 Step right foot beside left
31 Step backward on left starting $\frac{1}{4}$ turn right
& Completing the $\frac{1}{4}$ turn on ball of left foot step right foot to the right side
32 Step left foot beside right

SECTION B

- 1-2 Slide right foot to the right side, slide/step left foot beside right

SECTION C

- 1-2 Slide right foot to the right side, slide/step left foot beside right

