

Abilene (L/P)

COPPERKNOB
STEPSHEETS

拍数: 56 墙数: 1 级数: line/partner dance
编舞者: Kathleen Reynolds
音乐: Tropical Depression - Alan Jackson



POINT FORWARD, SIDE, CHA-CHA, POINT FORWARD, SIDE, CHA-CHA

- 1 Left toe point forward
- 2 Left toe point to left side
- 3&4 Cha-cha-cha left, right, left
- 5 Right toe point forward
- 6 Right toe point to right side
- 7&8 Cha-cha-cha right, left, right

STEP, ROCK BACK, CHA-CHA, STEP, ROCK BACK, CHA-CHA

- 9 Step forward on left foot
- 10 Rock back onto right foot
- 11&12 Cha-cha-cha left, right, left
- 13 Step back on right foot
- 14 Rock forward onto left foot
- 15&16 Cha-cha-cha right, left, right

STEP, PIVOT, CHA-CHA, STEP, PIVOT, CHA-CHA

- 17 Step forward on left foot
- 18 Pivot turn $\frac{1}{2}$ turn to right leaning weight forward onto right foot
- 19&20 Cha-cha-cha left, right, left
- 21 Step forward on right foot
- 22 Pivot turn $\frac{1}{2}$ turn to left leaning weight forward onto left foot
- 23&24 Cha-cha-cha right, left, right

STEP, $\frac{1}{4}$ TURN, STEP, $\frac{1}{4}$ TURN, STEP, ROCK BACK, CHA-CHA

- 25 Step forward on left foot
- 26 Pivot turn $\frac{1}{4}$ to the right
- 27 Step forward on left foot
- 28 Pivot turn $\frac{1}{4}$ to the right
- 29 Step forward with left foot
- 30 Rock weight back onto right foot
- 31&32 Cha-cha-cha left, right, left

BACK, ROCK FORWARD, CHA-CHA, STEP, $\frac{1}{4}$ TURN, STEP, $\frac{1}{4}$ TURN

- 33 Step back on right foot
- 34 Rock forward onto left foot
- 35&36 Cha-cha-cha right, left, right
- 37 Left foot forward
- 38 Pivot turn $\frac{1}{4}$ turn to the right
- 39 Left foot forward
- 40 Pivot turn $\frac{1}{4}$ turn to the right you are now facing forward again

CROSS, RECOVER, CHA-CHA, CROSS, RECOVER, CHA-CHA

- 41 Cross left leg over right as you pick up right foot (your body should turn slightly to the right)
- 42 Put right foot down
- 43&44 Cha-cha-cha left, right, left

- 45 Right leg crosses over left leg as you pick up your left foot (your body turns slightly to the left)
46 Put left foot down facing forward
47&48 Cha-cha-cha right, left, right

ROCK, RECOVER, CHA-CHA, ROCK, RECOVER, CHA-CHA

- 49 Step forward on left foot
50 Back on right foot
51&52 Cha-cha-cha left, right, left
53 Step back on right foot
54 Forward on left foot
55&56 Cha-cha-cha right, left, right

REPEAT

If done as a partner dance-remain in line dance formation-sweetheart position.

As you do second set of ¼ turns, drop left hands, pick up right arms, man goes under, pick up left hands again.
