

A 11

拍数: 64 墙数: 0 级数:
编舞者: Terry Dunbar (AUS)
音乐: A-11 - Clinton Gregory



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- 1-2-3&4 Twist both heels left, back to center, right kick ball change
5&6-7-8 Right kick ball change, twist both heels right, back to center
- 1-2-3-4 Rock forward on right, rock back on left, turn ½ turn right stepping on ball of right, drop right heel
5-6-7-8 Turn ½ turn right stepping on ball of left, drop left heel, rock back on right, forward on left
- 1-2-3&4 Step forward right, ¼ pivot turn left, shuffle forward right-left-right
5-6-7&8 Step forward on left, rock back on right, turn ½ turn left & shuffle forward left-right-left
- 1-2-3&4 Rock to right on right, rock to left on left, cross shuffle to left
5-6-7&8 Rock on left to left, rock to right on right, cross shuffle to right
- 1-2-3-4 Touch right toe to side, ½ turn right step right together, touch left to side, step left together
5-6-7-8 Touch right toe to side, ½ turn right step right together, touch left to side, touch left together
- 1-2-3&4 Kick left foot forward, side, step on spot left-right-left
5-6-7&8 Kick right foot forward, side, step on spot right-left-right
- 1-2-3-4 Double hip bump to left, double hip bump to right
5-6-7-8 Single hip bumps left-right-left-right
- 1-2-3-4 Step forward on left, touch right toe beside left, step back on right, touch left toe back
5-6-7-8 Step forward on left, ½ pivot turn right, step forward on left, step right together

REPEAT
