

Can't Touch It

拍数: 56 墙数: 4 级数: Intermediate
编舞者: Scottsdale Jaydees - September 2007
音乐: Can't Touch It - Ricky Lee



TOE STRUTS FORWARD

1-2-3-4 Step right toe heel diagonal right, left toe heel diagonal left
5-6-7-8 Step right toe heel back to center, step left toe heel back to center

OUT OUT, IN IN

&1&2 Step right to right side, step left to left side, step right to center, step left to center

RIGHT DIAGONAL FORWARD SHUFFLE, LEFT DIAGONAL FORWARD SHUFFLE

3&4 Shuffle right forward diagonal right-left-right
5&6 Shuffle left forward diagonal left-right-left

RIGHT CROSS LEFT UNWIND full turn

7-8 Cross right over left unwind full turn left

SHIMMY RIGHT SIDE TWICE

1-2-3-4 Step right to right side as you shimmy for 2 counts, step left together, hold
5-6-7-8 Repeat

TOE HEEL STRUTS BACKWARDS

1-2-3-4 Step back right toe heel, left toe heel
5-6-7-8 Right toe heel, left toe heel

CROSS RIGHT OVER LEFT UNWIND $\frac{3}{4}$ turn LEFT, LEFT COASTER

1-2 Cross right over left turning $\frac{3}{4}$ turn left, take weight on right
3&4 Left coaster step

TURNING HEEL STRUTS MOVING FORWARD

1-2-3-4 Turning over left shoulder, stepping right heel toe $\frac{1}{2}$ turn left, left heel toe $\frac{1}{2}$ turn left
5-6-7-8 Repeat

HIP BUMPS RIGHT LEFT TWICE RIGHT

1-2-3&4 Step right to right side, bump hips right, bump hips left, bump hips twice right

LEFT SAMBA, RIGHT SAMBA

1&2 Cross left over right, rock right to right side, step left to left side
3&4 Cross right over left, rock left to left side, step right to right side

ROCK FORWARD, STEP BACK TURNING $1\frac{1}{2}$ BACK LEFT-RIGHT-LEFT

5-6 Rock forward left, step back right turning over left shoulder
7&8 Stepping $1\frac{1}{2}$ left-right-left

REPEAT