

Dolly Dance (Better Get To Livin')

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Kevin Richards (USA) - September 2007
音乐: Two Doors Down - Dolly Parton : (The Essential Dolly Parton, Vol 1)



Or Music: Better Get To Livin' by Dolly Parton [CD: / Available on iTunes]

DOLLY HOPS (MODIFIED RUNNING MAN STEPS)

1&2& Step right, hop on right while lifting left leg, step left, hop on left while lifting right leg
3&4& Repeat first 4 steps (in the style of Dolly, bounce and shake)

RIGHT RHYTHM SLIDE

5-6 Step right to right, hold and clap
&7-8 Step left together, right to right, hold and clap

DOLLY HOPS (MODIFIED RUNNING MAN STEPS)

9-12 Repeat 1-4 with left foot

LEFT RHYTHM SLIDE

13-16 Repeat 5-8 with left foot

RIGHT TOE SWITCH, REPEAT LEFT

17-18 Touch right to right, bring right home and touch left
19&20 Bring left home and touch right to right, hold and clap twice
21-24 Repeat 17-20 with left foot

LEFT CROSS ROCK, RECOVER, RIGHT CROSS ROCK, RECOVER, LEFT CROSS ROCK ¼ TURN RIGHT RECOVER, RIGHT CROSS ROCK, RECOVER

25&26 Cross left over right, rock back on right, step left in place
27&28 Cross right over left, rock back on left, step right in place
29&30 Cross left over right (starting ¼ turn right), rock back right (completing ¼ turn), step left in
place (now facing 3:00 position)
31&32 Rock right back, recover left forward, step right together

STEP LEFT, PIVOT ¼ RIGHT, LEFT CROSS OVER SHUFFLE, HIP SWAY

33-34 Step left forward, pivot ¼ turn right (now facing 6:00 position)
35&36 Cross left over right, step right out, cross left over right
37-40 Sway hips right, left, right, left

RIGHT CROSS ROCK, RECOVER, LEFT CROSS ROCK RECOVER, RIGHT CROSS ROCK RECOVER, LEFT CROSS ROCK, RECOVER

41&42 Cross right over left, rock back left, step right in place
43&44 Cross left over right, rock back right, step left in place
45-48 Repeat 41-44

REPEAT

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