

# Alone Now

**COPPERKNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
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音乐: I Think We're Alone Now - Girls Aloud : (CD: The Sound Of Girls Aloud)



1-2-3-4      Walk forward left, right, left, kick right forward  
5-6-7-8      Step right back, kick left to left diagonal, step left back, kick right to right diagonal

1-2-3-4      Step right back, rock forward onto left, cross right over left, turn  $\frac{1}{4}$  right as you step back onto left  
5&6-7-8      Shuffle back right, left, right, rock back onto left, rock forward onto right

1-2-3-4      Step left to left side, touch ball of right diagonally forward right, step right to right side, touch ball of left diagonally forward left  
&5&6-7-8      (The next 2 counts travel back) step left back, touch ball of right forward, step right back, touch ball of left forward, rock back onto left, rock forward onto right

1-2-3&4      Turn  $\frac{1}{4}$  right and step sway left, step sway right, shuffle to your left side left, right, left  
5-6-7-8      Rock back onto right, rock forward onto left, step forward on right, pivot  $\frac{3}{4}$  left on right and hook left against right shin

**REPEAT**

**TAG: After 3rd sequence facing 3:00**

1-2-3-4      Left rocking chair: rock forward on left, rock right back, rock left back, rock forward on right  
5-6-7-8      Step forward on left, pivot  $\frac{1}{2}$  right, step forward on left, pivot  $\frac{1}{2}$  right

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