

Sweet Nothings

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Improver
编舞者: Paula Baker (USA) - September 2007
音乐: Sweet Nothings - The Dean Brothers



Start dance on the word "ear"

TOE/HEEL STRUTS, 2 FORWARD SHUFFLES (ANGLING BODY & FEET SLIGHTLY)

1 - 4 Right toe forward, drop heel, left toe forward, drop heel
5&6 Right shuffle forward, angling body & feet slightly on rt. diagonal (rt., left, rt.)
7&8 Left shuffle forward, angling body & feet slightly on left diagonal (left, rt., left)

ROCKING CHAIR, PIVOT 1/2 TURN, STEP, HOLD

1 - 4 Step right forward, recover on left, step right back, recover fwd. on left
5 - 8 Step forward on right, turn 1/2 left & step on left, step fwd. on right, Hold (wt. on rt.)

TOE/HEEL STRUTS, 2 FORWARD SHUFFLES (ANGLING BODY & FEET SLIGHTLY)

1 - 4 Left toe forward, drop heel, right toe forward, drop heel (6 o'clock)
5&6 Left shuffle forward, angling body & feet slightly on left diagonal (left, right, left)
7&8 Right shuffle forward, angling body & feet slightly on rt. diagonal (right, left, rt.)

ROCKING CHAIR, PIVOT 1/2 TURN, STEP, HOLD

1 - 4 Step left forward, recover on right, step left back, recover fwd. on right
5 - 8 Step forward on left, turn 1/2 right & step on right, step forward on left, Hold (wt. on left)

TOE/HELL STRUTS TO SIDE, SIDE ROCK, CROSSING SHUFFLE

1 - 4 Step right toe to right side, drop heel, cross left toe over, drop heel
5, 6 Rock right to right side, recover on left
7&8 Cross right over left, step left to left, cross right over left

TOE/HELL STRUTS TO SIDE, SIDE ROCK with 1/4 TURN, SHUFFLE

1 - 4 Step left toe to left side, drop heel, cross right toe over, drop heel
5, 6 Rock left to left side, recover on right making 1/4 turn right
7&8 Left shuffle forward (left, right, left) (3 o'clock)

RIGHT SHUFFLE FORWARD, 1/2 PIVOT RIGHT, LEFT SHUFFLE, 1/4 TURN LEFT

1&2 Right shuffle forward, (right, left, right)
3, 4 Step left forward, turn 1/2 right & step on right
5&6 Left shuffle forward (left, right, left)
7,8 Step right forward, turn 1/4 left & step on left (6 o'clock)

RIGHT SHUFFLE FORWARD, 1/2 PIVOT RIGHT, LEFT SHUFFLE, 1/4 TURN LEFT

1 - 8 Repeat above steps (new wall is at 9 o'clock)

NO TAGS, NO RE-STARTS

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