

Workin' Man

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 2 级数: Beginner

编舞者: Lynne Curtis (USA) - September 2007

音乐: Working Man Blues - Ricky Van Shelton : (CD Album: Working The Hits, Madacy Records)



Start dance on vocals.

Note: Because the dance is very fast, the Ricky Van Shelton version of 'Workin' Man Blues' is preferable as it is only 2 min. 43 sec. long.

GRAPEVINE RIGHT, TOUCH, GRAPEVINE LEFT, STEP

- 1 - 4 Step right to right side, cross left behind right, step right to right side, touch left next to right.
5 - 8 Step left to left side, cross right behind left, step left to left side, step right next to left.

KNEE BENDS AND CLAPS

- 1 - 2 Bounce both knees together, down / up, clap right
3 - 4 Bounce both knees together, down / up, clap right of center
5 ? 6 Bounce both knees together, down / up, clap left of center.
7 ? 8 Bounce both knees together, down / up, clap left.

Note ? Claps are in a semi circular move, right to left across your body.

THREE WALKS FORWARD WITH HOLDS, ¼ TURN STEP, HOLD (WITH ATTITUDE)

- 1 - 4 Step forward on right, hold, step forward on left, hold.
5 - 8 Step forward on right, hold, 1/4 turn left step left hold.

CHASSE? RIGHT HITCH, CHASSE? LEFT HITCH. WITH ¼ TURN LEFT

- 1 - 4 Step right to right side, close left beside right, step right to right side, hitch left knee.
5 - 8 Step left to left side, close right beside left, step to left side while turning 1/4 turn left, hitch right knee.

REPEAT

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