

# Keeping My Distance

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Theresa Needham (UK) - September 2007  
音乐: Keeping My Distance - Martina McBride : (CD: Evolution)



Or Music: Happy Girl by Martina McBride [116 bpm / Greatest Hits]

## SIDE BEHIND, HEEL BALL CROSS, TOUCH ¼ RIGHT, KICK BALL STEP

1-2&      Step left to left side, cross right behind left, step left next to right  
3&4      Dig right heel forward, step right next to left, cross left over right  
5-6      Touch right out to right side, ¼ turn right, (weight remains on left) (3:00)  
7&8      Kick right leg forward, step right next to left, step left forward

## STEP ½ RIGHT COASTER STEP, CROSS BACK ¼ LEFT STEP FORWARD

1-2      Step right forward, making ½ turn right step left back (9:00)  
3&4      Step right back, step left beside right, step right forward  
5-6      Cross left over right, step right back  
7-8      Make ¼ turn left stepping left forward, step right forward (6:00)

## ROCK RECOVER TRIPLE ¾ LEFT, SIDE ROCK CROSS SHUFFLE

1-2      Rock left forward recover onto right  
3&4      Triple ¾ turn left, left, right, left (9:00)  
5-6      Rock right to right side, recover onto left  
7&8      Cross right over left, step left to left side, cross right over left

## FORWARD TOUCH ¼ RIGHT TOUCH, SIDE ROCK RECOVER ¼ RIGHT, WALK WALK

1-2      Step left forward, touch right behind left  
3-4      Making ¼ turn right step right to right side, touch left next to right (12:00)  
5-6      Rock left to left side, recover onto right making ¼ turn right (3:00)  
7-8      Walk forward left, right (option: full turn right)

## REPEAT

[EMail](#)