

Light In Our Soul

COPPERKNOB
STEPSHEETS

拍数: 40 墙数: 4 级数: Intermediate
编舞者: Ross Brown (ENG) - August 2007
音乐: The Light In Our Soul - Helena Paparizou



SIDE ROCK, BEHIND ¼ TURN LEFT STEP, STEP, TOUCH, & HEEL, & STEP

1-2 Rock right to the right, recover onto left.
3&4 Cross step right behind left, make a ¼ turn left stepping forward with left, step forward with right.
5-6 Step forward with left, touch right beside left.
&7&8 Step back with right, tap left heel forward, step left beside right, step forward with right.

ROCK FORWARD, ½ TURN LEFT SHUFFLE, WALK, WALK, KICK BALL CROSS

1-2 Rock forward with left, recover onto right.
3&4 Shuffle a ½ turn left stepping; left, right, left.
5-6 Walk forward; right, left.
7&8 Kick right foot forward to right diagonal, step right next to left, cross step left over right.

SIDE ROCK, CROSS SHUFFLE, SIDE ROCK ¼ TURN RIGHT, SHUFFLE FORWARD

1-2 Rock right to the right, recover onto left.
3&4 Cross step right over left, close left up to right, cross step right over left.
5-6 Rock left to the left, make a ¼ turn right recovering onto right.
7&8 Step forward with left, close right up to left, step forward with left.

THREE ¼ TURN LEFT PADDLE TURNS, STEP FORWARD, TOGETHER

1-2 Step forward with right, pivot a ¼ turn left. (Use Hips)
3-4 Step forward with right, pivot a ¼ turn left. (Use Hips)
5-6 Step forward with right, pivot a ¼ turn left. (Use Hips)
7-8 Step forward with right, step left next to right.

Restarts: On walls 4 and 6, restart the dance after completing this section.

ROCK BACK, CHASSE RIGHT, ROCK BACK, SIDE ROCK & CROSS

1-2 Rock back with right, recover onto left.
3&4 Step right to the right, close left up to right, step right to the right.
5-6 Rock back with left, recover onto right.
7&8 Rock left to the left, recover onto right, cross step left over right.
