

# Mambo A Heya

**COPPER** KNOB  
STEPSHEETS

拍数: 48      墙数: 4      级数: Improver  
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音乐: Mambo (Radio Mix) - Helena Paparizou



## STEP 1/2 PIVOT, 1/4 STEP WITH RF OUT IN A QUICK MOTION, HOLD, 2X MAMBO HIP ROCK

1-2      Rf step forward, 1/2 turn left (facing 6:00)  
&3-4      1/4 turn left, Rf step out right in a quick motion, hold (facing 3:00)  
5&6      Rf step next Lf, Lf step next Rf, Rf step out to right (facing 3:00)  
7&8      Lf step next Rf, Rf step next Lf, Lf step out to left weight on Lf (facing 3:00)

## STEP 1/2 PIVOT, 1/4 STEP WITH RF OUT IN A QUICK MOTION, HOLD, 2X MAMBO HIP ROCK

9-10      Rf step forward, 1/2 turn left (facing 9:00)  
&11-12      1/4 turn left, Rf step out right in a quick motion, hold (facing 6:00)  
13&14      Rf step next Lf, Lf step next Rf, Rf step out to right (facing 6:00)  
15&16      Lf step next Rf, Rf step next Lf, Lf step out to left weight on Lf (facing 6:00)

## SIDE SHUFFLES, HITCH, 3/4 TRAVELLINGS TURN, FWD

17&18&      Rf step to the right, Lf glose next to Rf, Rf step to the right, Lf step next Rf (facing 6:00)  
19-20      Rf step to the right, Lf hitch knee side (facing 6:00)  
21a22      Lf across Rf in a 1/8 turn left, Rf step 1/8 to the right side, Lf across Rf (facing 3:00)  
a23a24      Rf step 1/8 to the right side, Lf across Rf, Rf step 1/8 to the right side, Lf across Rf (facing 12:00)

## ROCK FWD, RIGHT ANCHOR STEP, CHA CHA BREAKS BACK, TOUCH

25-26      Rf rock forward, Lf recover (facing 12:00)  
27&28      Cross Rf behind Lf taking weight onto it, recover weight onto Lf, step back on Rf (facing 12:00)  
&29&30      Lf step back and push Rf forward on toe, Rf step back and push Lf forward on toe (facing 12:00)  
&31&32      Lf step back and push Rf forward on toe, Rf step back and touch Lf next Rf weight onto Rf (facing 12:00)

## 1/4 TURN, LOCK SHUFFLES FWD WITH HITCHES IN ATTITUDE, STEP 1/2 PIVOT, LOCK SHUFFLE

*note: when you make the lock shuffles fwd, with knee hitches*

&33&34      1/4 turn left, Lf step forward, Rf lock behind Lf, Lf step forward (facing 9:00)  
&35&36      Lf step forward, Rf lock behind Lf, Lf step forward (facing 9:00)  
37-38      Rf step forward, 1/2 turn left end weight onto Lf (facing 3:00)  
39&40      Rf step forward, Lf glose behind Rf, Rf step forward (facing 3:00)

## LEFT SIDE MAMBO, RIGHT SIDE MAMBO, 2X JUMP BACK IN OUT POSITION, AND TOUCH

41&42      Lf step to the left side, Lf step next Rf (facing 3:00)  
43&44      Rf step to the right side, Rf step next Lf (facing 3:00)  
&45&46      Rf jump back and ending in a out out position, Rf jump back in center (facing 3:00)  
&47&48      Rf jump back and ending in a out out position, Rf jump back in center and touch Rf next Lf ending weight onto Lf (facing 3:00)

## RESTARTS:

On the 3rd wall you get a restart, after the counts, 1 t/m 16

On the 6st wall you get a restart, after the counts, 41 t/m 44

REPEAT