That's What I'm Talkin' 'bout

级数: Intermediate

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音乐: Switch - Will Smith : (CD: Lost and Found)

Intro: 20 counts ROCK, RECOVER, ROCK, RECOVER, ROCK, STEP RIGHT & LETF 1

拍数: 64

- Rock forward on right, recover, rock out to right side, recover
- 3 Rock forward on right, recover, slide a large step to right
- 5 Rock forward on left, recover, rock out to left side, recover, rock forward on left
- 7 Rock forward on left, recover, slide a large step to left

ROCK, RECOVER, STEP, ROCK, RECOVER, STEP, CROSS, UNWIND, HITCH, COASTER STEP

- 1 Rock forward on right, recover, step to right side
- 3 Rock forward on left, recover, step to left side
- 5-6 Cross right over left, unwind 1/2 turn left (keep weight on right foot),
- 7 Step back on left, step right next to left, step forward on left

TOUCH FRONT, SIDE, BEHIND, SIDE, CROSS, RIGHT & LEFT

- 1-2 Touch right toe forward, touch toe out to right side
- 3 Step right behind left, step left to left side, step right across left
- Touch left toe forward, touch toe out to left side, 5-6
- 7 Step left behind right, step right to right side, step left across right

HITCH RIGHT, ¼ TURN, HITCH RIGHT, COASTER STEP, HITCH LEFT ½ TURN, HITCH LEFT, COASTER STEP

1-2	Hitch right knee, on ball of left foot turn ¼ turn right, hitch right knee
3	Step back on right, step left next to right, step forward on right
5-6	Hitch left knee, on the ball of right foot turn 1/2 turn right, hitch left knee
7	Stop back on left, stop right port to left, stop forward on left

Step back on left, step right next to left, step forward on left 1

WALK RIGHT, LEFT, ROCKING CHAIR, WALK RIGHT, LEFT, STEP. TURN, STEP

- 1-2 Walk forward right, left
- Rock forward right, recover, rock back right, recover 3
- 5-6 Walk forward right, left
- Step forward on right, turn 1/2 turn left, step forward on right 7

WALK LEFT, RIGHT, ROCKING CHAIR, WALK LEFT, RIGHT, STEP, ¼ TURN, CROSS

- 1-2 Walk forward left, right
- Rock forward on left, recover, rock back on left, recover 3
- 5-6 Walk forward left, right
- 7 Step forward on left, turn 1/4 right, cross step left over right

SIDE, BEHIND, HEEL, CROSS, RIGHT & LEFT

- 1-2 Step right to right side, step left behind right
- ? Step back on right, touch left heel forward, step left back in place, cross step right over left
- 5-6 Step left to left side, step right behind left
- ? Step back on left, touch right heel forward, step right back in place, cross step left over right

SIDE SWITCHES RIGHT, LEFT, HITCH, TOUCH, ¼ TURN, COASTER STEP, STEP

- Touch right out to right side, bring back in place, touch left out to left side, bring back in place 1 3
 - Touch right out to right side, hitch right knee across left, touch right out to right side
- 5 Keep right toe out to right side, turn 1/4 turn right (weight on left foot)
- 6 Step back on right, step left next to right, step forward on right





墙数:4