

# The Light In Our Soul

**COPPER** **NOB**  
BY STEPHEN

拍数: 40      墙数: 4      级数: Intermediate  
编舞者: Sebastiaan Holtland (NL) - August 2007  
音乐: The Light In Our Soul - Helena Paparizou



start dancing after the 17 seconds

## ROCK/RECOVER, 1/2 SHUFFLE TURN, ROCK/RECOVER, 1/2 SHUFFLE TURN

1-2            Rf rock forward, Lf recover (facing 12:00)  
3&4           1/2 turn right, Rf step forward, Lf glose behind Rf, Rf step forward (facing 6:00)  
5-6            Lf rock forward, Rf recover  
7&8           1/2 turn left, Lf step forward, Rf glose behind Lf, Lf step forward (facing 12:00)

## 1/2 TURN AND SHUFFLE BACK, ROCK/RECOVER, SHUFFLE FWD, 1/4 SAILOR CROSS

9&10          1/2 turn left, Rf step back, Lf glose fwd Rf, Rf step back (facing 6:00)  
11-12        Lf step back, Rf recover  
13&14        Lf step forward, Rf glose behind Lf, Lf step forward (facing 6:00)  
15&16        1/4 turn right and cross Rf behind Lf, Lf step to the Left side, Rf across Lf in 6 position (facing 9:00)

## FULL SWEEP TURN, SAILOR AND CROSS, ROCK 1/4 TURN, SHUFFLE FWD

17-18        Full turn with sweep from front to back (facing 9:00)  
19&20        Rf step behind Lf, Lf step to the left side, Rf across Lf in 6 position (facing 9:00)  
21-22        Rf side rock, Lf recover and make 1/4 turn left (facing 6:00)  
23-24        Rf step forward, Lf glose behind Rf, Lf step forward (facing 6:00)

## ROCK 1/4 TURN, SHUFFLE FWD, STEP 1/2 PIVOT TURN, STEP 1/4 PIVOT TURN

25-26        Lf side rock, Rf recover and make 1/4 turn right (facing 12:00)  
27&28        Lf step forward, Rf glose behind Lf, Lf step forward (facing 12:00)  
29-30        Rf step forward, 1/2 turn left keeping weight on Lf (facing 6:00)  
31-32        Rf step forward, 1/4 turn left keeping weight on Lf (facing 3:00)

## ROCK/RECOVER, 1/4 SHUFFLE TURN, ROCK/RECOVER, 3/4 TRIPLE TURN

33-34        Rf step cross forward Lf, Lf recover (facing 3:00)  
35&36        Rf step forward, Lf glose behind Rf, Rf step forward (facing 12:00)  
37-38        Lf step forward, Rf recover (facing 12:00)  
39&40        3/4 triple turn, Lf forward, Rf forward, Lf step forward (facing 3:00)

**REPEAT**