

The Sanddancer Shuffle

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Brett Liam McIntyre (UK) - September 2007
音乐: If I Said You Had A Beautiful Body Would You Hold It Against Me - Blue Ridge Mountain Band : (CD: Legends of Line Dancing)



4 Bar Introduction

Section 1 Grapevine $\frac{1}{4}$ Right on 4, Pivot Turn $\frac{1}{2}$ Right, Forward Shuffle

1-2 left cross over right, step right to right side
3-4 left crosses behind right, step right to right side turning $\frac{1}{4}$ to right
5-6 step left forward, pivot $\frac{1}{2}$ turn right
7&8 step left forward, close right to left, step left forward
Option: *replace forward shuffle: step left forward, full turn left stepping right left (travel and turn)*

Section 2 Side Rock Close, Pigeon Toes, Cross Turn $\frac{1}{2}$ Left, Hip Bumps

1&2 rock right to right side, recover to left, close right to left
3-4 elevate to toes, swivel heels $\frac{1}{4}$ out, close heels together weight normal
5-6 step left back and cross behind right, $\frac{1}{2}$ turn left
7&8 bumping hips ? left, right, left

Section 3 Syncopated Jazz Box $\frac{1}{4}$ Right - Scuff Ending, Syncopated Jazz Box $\frac{1}{4}$ Right

1-2 cross step right over left, step left back
& step right to right side
3-4 cross step left over right, scuff right forward ($\frac{1}{4}$ turn right)
5-6 Cross step right over left, step left back
& step right to right side
7-8 cross step left over right, close right to left ($\frac{1}{4}$ turn right)

Section 4 Diag Forward Shuffles x2, Forward Mambo, Backward Mambo

1&2 left diag step left forward, close right to left, step left diag forward
3&4 right diag step right forward, close left to right, step right diag forward
Note *finger clicks on left and right diag forward shuffle*
5&6 rock left forward, recover onto right, close left to right
7&8 rock right back, recover onto left, close right to left

Section 5 Pivot $\frac{1}{2}$ to right, Step forward and Close, Rumba Square

1-2 step left forward, pivot $\frac{1}{2}$ turn right
3-4 step left forward, close right to left
5&6 step left to left side, close right to left, step left forward
7&8 step right to right side, close left to right, step right back

Section 6 Chasse Left, Toe Touch, Step Right, Drag Left Close, Hip Sways, Chasse Right

1&2 step left to left side, close right to left, step left to left side
& touch right toe behind left foot
3-4 step right to right side, drag left to right and close
5-6 Step right to right side with hip sway right, hip sway left
7&8 step right to right side, close left to right, step right to right side

Section 7 Hook Turn, Forward Shuffle, Right Side Rock Cross Shuffle

1-2 hook left behind calf of right, turn $\frac{1}{4}$ to right
Note *for expression, right hand grip cowboy hat and nod head on 1-2*
3&4 step left forward, close right to left, step left forward
5-6 right to side, recover weight onto left
7&8 cross right forward over left, left closes to right, cross right forward over left

Section 8 Left Side Rock Cross Shuffle, Paddle Turn $\frac{3}{4}$ Left

1-2 rock left to left side, recover weight onto right
3&4 cross left forward over right, right closes to left, cross left forward over right
5& step right forward, pivot $\frac{1}{4}$ turn left lifting right foot slightly
6& step right forward, pivot $\frac{1}{4}$ turn left lifting right foot slightly
7& step right forward, pivot $\frac{1}{4}$ turn left lifting right foot slightly
8 close right to left

This dance is in dedication to my late cousin Stuart Miller
