

# Almost Jamaica

**COPPER KNOB**  
STEPSHEETS

拍数: 64      墙数: 4      级数: Improver  
编舞者: Gail Smith (USA)  
音乐: Almost Jamaica - The Bellamy Brothers



## SYNCOPATED CROSS ROCKS

1            Cross left foot over right and step  
&            Rock back onto right foot  
2            Step left foot next to right  
3            Cross right foot over left and step  
&            Rock back onto left foot  
4            Step right foot next to left  
5-8         Repeat beats 1-4

## MILITARY PIVOT TO THE RIGHT, TURNING CHA-CHA-CHA, ROCK STEPS, CHA-CHA-CHA FORWARD

9            Step forward on left foot  
10          Pivot ½ turn to the right on ball of left foot and shift weight to right foot  
11&12      Cha-cha-cha making a ½ turn to the right  
13          Step back on right foot  
14          Rock forward onto left foot  
15&16      Cha-cha-cha forward (right-left-right)

## SIDE SHUFFLES, PIVOTS

17&18      Shuffle sideways to the left (left-right-left) moving hips left-right-left with the shuffle  
&            Pivot ¼ turn to the right on ball of left foot  
19&20      Shuffle sideways to the right (right-left-right) moving hips right-left-right with the shuffle  
&            Pivot ¼ turn to the right on ball of right foot  
21-24      Repeat beats 17-20

## CROSS STEP, TOE TOUCH, PIVOT, STEP, TOE TOUCH, REPEAT

25          Cross left foot over right and step  
26          Touch right toe to the right  
&            Pivot ¼ turn to the right on ball of left foot  
27          Step down on right foot in place  
28          Touch left toe to the left  
29-32      Repeat beats 25-28

## FORWARD CHA-CHA-CHA, TURNING CHA-CHA-CHAS, ROCK STEPS

33&34      Cha-cha-cha forward (left-right-left)  
35&36      Cha-cha-cha (right-left-right) beginning a full turn to the left  
37&38      Cha-cha-cha (left-right-left) completing full turn to the left  
39          Step forward on right foot  
40          Rock back onto left foot

## TURNING CHA-CHA-CHAS, ROCK STEPS

41&42      Cha-cha-cha (right-left-right) beginning a 1 ½ turn to the right  
43&44      Cha-cha-cha (left-right-left) continuing 1 ½ turn to the right  
45&46      Cha-cha-cha (right-left-right) completing 1 ½ turn to the right  
47          Step forward on left foot  
48          Rock back onto right foot

### **SYNCOPATED CROSS ROCKS**

49            Cross left foot behind right and step  
&            Rock forward onto right foot  
50            Step left foot next to right  
51            Cross right foot behind left and step  
&            Rock forward onto left foot  
52            Step right foot next to left  
53-56        Repeat beats 49-52

### **MILITARY TURNS TO THE RIGHT WITH HIP SWAYS**

57            Step forward on left foot  
58            Pivot  $\frac{1}{4}$  turn to the right on ball of left foot while swaying hips to the left and shift weight to right foot  
59-60        Repeat beats 57-58  
61-62        Repeat beats 57-58  
63-64        Repeat beats 57-58

**REPEAT**

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