

Almost Always

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数:
编舞者: Barbara Mendelsohn (USA)
音乐: The Quittin' Kind - Joe Diffie



HEEL SWITCHES - HALF MONTEREY TURN - HEEL SWITCHES - HALF MONTEREY TURN

- 1 Touch right heel forward
- &2 Step right beside left, touch left heel forward
- &3 Step left beside right, touch right toe to side
- 4 Pivot ½ turn right on ball of left and step right beside left
- 5 Touch left heel forward
- &6 Step left beside right, touch right heel forward, step right beside left
- 7 Touch left toe to side
- 8 Pivot ½ turn left on ball of right and step left beside right

SYNCOPATED SIDE HITCH - HIPS, SYNCOPATED SIDE HITCH - SYNCOPATED STEP LOCK - TOUCH

- & Facing forward hitch right knee from side to slightly across left leg
- 1 Step right to right side as you bump hips once to right
- 2-4 Bump hips right, left, left
- & Facing forward hitch right knee from side to slightly across left leg
- 5 Step right ¼ turn right
- 6 Step left forward
- &7 Step lock right behind left, step left forward
- 8 Touch right beside left

SYNCOPATED HEEL SWITCHES MOVING BACK - STOMP - HEEL SWITCH - STOMP - CLAPS

- 1 Step back on right
- &2 Touch left heel forward, step slightly back on left
- &3 Touch right heel forward, step slightly back on right
- &4 Touch left heel forward, step left beside right
- 5 Stomp right beside left
- &6 Step back on right, touch left heel forward
- &7 Step left beside right, stomp right beside left
- &8 Clap & clap

25-32 SYNCOPATED TURN - SIDE STEP - ¼ TURN/HITCH, SHUFFLE - SYNCOPATED TURNING ROCK STEP

- 1 Step right ¼ turn right
- & Step left ¼ turn right (completing ½ turn)
- 2 Cross step right behind left
- 3 Step left to left side
- 4 Weight on left make ¼ turn right - hitch right calf in front of left shin
- 5 Step right forward
- &6 Step left beside right, step right forward
- 7 Rock forward onto left
- &8 Rock back onto right turning ¼ left, step left beside right

REPEAT