

# All Tied Up

**COPPER KNOB**  
BY STEPHEN METZ

拍数: 40      墙数: 0      级数:  
编舞者: Max Perry (USA) & Kathy Hunyadi (USA)  
音乐: Tied To The Track - Mary Beth Sippin



## HEEL TOUCHED FORWARD

- 1-4      Touch right heel forward, touch right toes next to left foot, touch right heel forward, step right foot together with left foot
- 5-8      Touch left heel forward, touch left toes next to right foot, touch left heel forward, step left foot together with right foot

## SLAP LEATHER

- 9-12      Touch right toes out to right side, hitch right knee up and slap with left hand, touch right toes out to right side, step right foot next to left foot
- 13-16      Touch left toes out to left side, hitch left knee up and slap with right hand, touch left toes out to left side, step left foot next to right foot

## KICK, TOUCH, KICK, TOUCH, KICK, TOUCH, STEP RIGHT, HOLD, CLAP

- 17-18      Kick right foot out to right side, cross right foot behind left and touch right toes to floor
- 19-20      Kick right foot out to right side, cross right foot in front of left and touch right toes to floor
- 21-22      Kick right foot out to right side, cross right foot behind left and touch right toes to floor
- 23-24      Step to right side on right foot, hold and clap

## RIGHT KNEE CHUGS WITH ½ TURN LEFT

- 25-32      With weight on ball of left foot, lift right knee up and down as you turn 1/8 turn with each hitch to complete ½ turn to left

**You can keep the knee in the air for the entire turn or touch toes to floor for balance. You will not be scooting forward)**

## GRAPEVINE RIGHT, BRUSH, GRAPEVINE LEFT, TOUCH

- 33-36      Step to right on right foot, cross step left foot behind right, step to right on right foot, brush left foot forward
- 37-40      Step to left on left foot, cross step right foot behind left, step to left on left foot, touch right foot next to left

## REPEAT