

# All This Time

**COPPER** **KNOB**  
BY STEPHEN BRETZ

拍数: 32      墙数: 4      级数: Intermediate/Advanced  
编舞者: John Pickering (UK)  
音乐: All This Time - Michelle McManus



## WEAVE RIGHT, POINT

1&2&      Cross step left over right, step right to side, cross left behind right, step right to side  
3-4      Cross step left over right, point right toe to side

## ½ UNWIND, ROCK, RECOVER LEFT CHASSE

5&6&      Cross right over left, unwind ½ turn left, cross rock left behind right, rock forward onto right  
7&8      Step left to side, close right beside left, step left to side

## SYNCOPATED SAILOR STEPS

1-2&      Cross right behind left, step left to left side, step right in place  
3-4&      Cross left behind right, step right to right side, step left in place

## CROSS ROCK, RIGHT CHASSE ½ PIVOT TURN

5&6&      Cross rock right over left, recover, step right to side, step left beside right  
7&8      ¼ turn to right on right, step forward on left pivot ½ turn to right

## HEEL AND TOE SWITCHES CROSS, BACK, WALK

1&2&      Touch left heel forward, step left in place, touch right toe back, step right in place  
3&4      Point left toe to side, step left in place, point right toe to side  
5&6&      Cross right over left, step back on left, touch right heel forward, bring right into place  
7-8      Step forward on left, step forward on right

## LEFT & RIGHT HIP ROCKS

1&2      Step diagonally forward onto left rocking hips forward, rock hips back, rock hips forward  
3&4      Step diagonally forward onto right rocking hips forward, rock hips back, rock hips forward

## LEFT MAMBO, TOUCH, ½ UNWIND

5&6      Rock left forward, rock back onto right, step left beside right  
7-8      Touch right toe back, unwind ½ turn right with weight

## REPEAT

## ENDING

On sequence 8 (3:00), dance counts 1-16 (to pivot turn, facing 6:00), then turn ½ turn right stepping back onto left and extend both arms to side and pose