All Over The Place

拍数: 32

级数:

编舞者: Lois Sturgeon (AUS)

音乐: Heartbreak Radio - Delbert McClinton

墙数:4



- 1&2 Kick right foot forward, step onto ball of right foot, step onto left next to right
- 3&4 Kick right foot to right side, step onto ball of right foot, step onto left next to right (4 "pump kicks" in a full turn left) & hitching right foot lift left heel
- 5 On ball of left swivel ¼ turn left, pushing right foot toward floor (pumping action) & dropping left heel to floor
- &6&7&8 Repeat last 1 ½ beats 3 times (finish facing original wall)
- 1-2 Step right turning ¼ turn right, step left turning ½ turn right
- & Jump hitching left leg out to left (knee is bent foot straight back, same height as knee)
- 3-4 Step right turning ½ turn to right, step forward on left
- 5-6 Hold 1 beat, clap

SYNCOPATED "SWINGING POWER TAPS" MOVING TO RIGHT

- & Twist left heel to right hitch right foot out to right side (knees are together)
- 7 Swing right foot across left hitting floor beside left toe (right foot now raised & pointing left)
- & Twist left toes to right hitching right foot across in front of left knee
- 8 Swing right foot to right hitting floor in front of left toes (right foot now raised and pointing right)

SYNCOPATED "SWINGING POWER TAPS" MOVING TO RIGHT FULL TURN IN TWO STEPS

- &1&2 Repeat last 4 movements (2 beats)
- 3-4 Step right turning ½ turn to right, step left turning ½ turn to left

SCOOT STEP TWICE, TURN ¾ TURN RIGHT

- &5&6 Scoot back on left foot, step back on right, scoot back on right foot, step back on left
- 7-8 Turning ¹/₂ turn right step right, turning ¹/₄ turn right step left
- 1-4 Step forward right, step forward left, hitch right knee stepping down on right, kick left leg
- 5-6 Tap left toe back, clap
- 7-8 Twist ¼ turn left (weight transfers to left), clap

REPEAT