

All Night Long

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 4 级数: Improver
编舞者: Jan Hanway (USA)
音乐: All Night Long - Lionel Richie



Begins 40 counts in, two beats before the vocal, "Well my friends..."

MAMBO FORWARD, MAMBO FORWARD; WALK BACK X4 (RIGHT-LEFT-RIGHT-LEFT)

1 Step forward on right
& Rock weight onto left foot
2 Step right next to left
3 Step forward onto left
& Rock weight onto right foot
4 Step left next to right
5 Walk back right
6 Walk back left
7 Walk back right
8 Walk back left

SIDE MAMBO, SIDE MAMBO; JAZZ BOX IN PLACE

1 Step right to the side
& Rock weight onto left
2 Step right next to left
3 Step left to the side
& Rock weight onto right
4 Step left next to right
5 Cross right over left
6 Step left back
7 Step right to the side
8 Step left forward

CROSS MAMBO, CROSS MAMBO, ½ PIVOT TURN, ½ PIVOT TURN

1 Cross right over left
2 Rock weight onto left
& Step right next to left
3 Cross left over right
4 Rock weight onto right
& Step left next to right
5 Step right forward
6 ½ pivot turn to the left
7 Step right forward
8 ½ pivot turn to the left

STEP TOGETHER HOLD, STEP TOGETHER HOLD; CROSS. STEP, CROSS STEP

1 Step right to the side (right knee bent, left hip out)
2 Step left next to right
& Hold
3-4& Repeat 1-2&
5 Cross right over left
6 Step left to the side
7 Cross right over left

8 Step left to the side

ANCHOR STEP, ANCHOR STEP, ROCK BACK, RETURN; ¼ PIVOT TURN LEFT

1 Anchor right foot behind left heel
2 Rock weight onto left
& Return weight to right
3 Anchor left foot behind right heel
4 Rock weight onto right
& Return weight to left
5 Rock right foot back
6 Return left
7 Step right forward
8 ¼ pivot turn to the left

REPEAT

TAG

At end of wall three, drop last 10 counts. Instead, do two heel bounces (1, 2) and restart dance

RESTART

On fifth wall, do first 30 counts and restart dance
