

All Mine

拍数: 32 墙数: 1 级数: Beginner
编舞者: Charlene Cattoi (USA)
音乐: Mind Your Own Business (feat. Willie Nelson, Reba McEntire & Tom Petty) -
Hank Williams, Jr.



Be ready, dance starts with the words "Mind Your Own Business"

TOE, HEEL STRUTS WITH FINGER SNAPS

- 1 Touch right toe forward
- 2 Heel down with snaps
- 3 Touch left toe forward
- 4 Heel down with snaps
- 5-8 Repeat steps 1-4

Option: Instead of going forward you can cross over opposite foot.

TWO ½ PIVOTS LEFT

- 9 Step forward right
- 10 Turn left ½, shifting weight to left
- 11-12 Repeat steps 9-10

RIGHT LINDY (RIGHT SIDE SHUFFLE WITH ROCK BACK)

- 13 Step right to right side
- & Step left to right
- 14 Step right to right side
- 15 Step back left
- 16 Rock forward on right

LEFT LINDY (LEFT SIDE SHUFFLE WITH ROCK BACK)

- 17 Step left to left side
- & Step right to left
- 18 Step left to left side
- 19 Step back right
- 20 Rock forward on left

FOUR QUICK STEP SLIDES

- 21 Step forward right
- 22 Slide left to right
- 23-24 Repeat 21-22
- 25-26 Repeat 21-22
- 27-28 Repeat 21-22

Option: Add a lot of hip moves

FOUR STEPS BACK

- 29 Step back right
- 30 Step back left
- 31 Step back right
- 32 Step back left

REPEAT