

All Messed Up

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数:
编舞者: Max Perry (USA)
音乐: All Messed Up - Joey Reed



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- 1-4 2 heel splits
5-8 (Right hook), touch heel forward, hook in front, touch heel forward, together
1-4 2 heel splits
5-8 (Left hook), touch heel forward, hook in front, touch heel forward, together
1-4 Vine right, scuff
- 5-8 Vine left, scuff
1-4 Step side, stomp together, step side, stomp together
5-8 Step forward & turn $\frac{1}{4}$ to left, in place, kick forward twice
1-4 Step back, back, back, touch toe back
5&6 Left shuffle forward
7&8 Right shuffle forward
- 1-4 Rock step forward, in place & clap, rock back, in place & clap
5-8 Rock step forward, in place & clap, rock back, in place & clap
1&2 Left shuffle forward
3-4 Rock forward, in place
5-8 (1- $\frac{1}{2}$ pivot right), turn $\frac{1}{2}$ right as you step forward, turn $\frac{1}{2}$ right as you step back, turn $\frac{1}{2}$ right as you step forward, together
- 1-8 Touch heel forward, together, touch heel forward, together, touch heel forward, together, touch heel forward, together

REPEAT
