

All For Love

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Marsha Story (USA)
音乐: People Like Us - Aaron Tippin



SIDE TOUCHES LEFT & RIGHT, HEEL TOUCHES FORWARD LEFT & RIGHT, SIT DOWN & UP (2X)

- 1&2& Touch left toe to left side, bring back to center, touch right toe to right side, bring back to center
3&4 Touch left heel forward, bring back to center, touch right heel forward
5-6 Bend both knees into a sitting position, stand back up
7-8 Repeat 5-6

RIGHT SAILOR, LEFT SAILOR, ¼ TURN SAILOR, FORWARD SHUFFLE

- 1&2 Cross right behind left & step left to left side, step right next to left
3&4 Cross left behind right & step right to right side, step left next to right
5&6 Repeat 1&2 making a ¼ turn to the right
7&8 Shuffle forward left, right, left (left-right-left)

MONTEREY, ROCK FORWARD & BACK

- 1-4 Touch right to right side, ½ turn, touch left to left side, bring together stepping on left
5-6 Rock forward on right & recover
7-8 Rock back on right & recover

½ TURN SHUFFLE, ROCK BACK, ½ TURN SHUFFLE, KICK-BALL TOUCH

- 1&2 Shuffle forward right-left-right making a ½ turn to the left
3-4 Rock back on left, recover
5-6 Shuffle forward left-right-left making a ½ turn to the right
7&8 Kick right foot, step next to left, touch left toe next to right

REPEAT
