

# All Day Long

COPPER KNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate/Advanced  
编舞者: Rosalie Mackay (AUS)  
音乐: All Day Long - Trent Willmon



## STEP, TAP, BACK BALL STEP, TAP, ¼ TURN SCUFF, ½ TURN SCUFF

- 1-2&      Step right forward to right diagonal, tap left beside right, & step back on ball of left  
3-4      Step right in place, tap left beside right  
5-6      Turn ¼ left step left forward, scuff right beside left (9:00)  
7-8      Turning ½ left on ball of left step right forward, scuff left beside right (3:00)

## SHUFFLE FORWARD, PIVOT ¼ TURN, CROSS, ¼ TURN, ½ TURN SHUFFLE FORWARD

- 1&2-3-4      Shuffle forward left, right, left, step right forward, pivot ¼ left weight on left (12:00)  
5-6-7&8      Cross right over left, turn ¼ right step left back, turn ½ right on ball of left & shuffle forward right, left, right (9:00)

The next 8 counts are done facing the left diagonal (9:00 wall)

## STEP, KICK BALL STEP, ROCK FORWARD/BACK, STEP BACK, COASTER STEP

- 1-2&3      Step left forward to left to left diagonal, kick right forward, step ball of right beside left, step left in place  
4-5-6      Rock forward on right, rock back on left, step right back  
7&8      Step left back, step right beside left, step left forward

## CROSS, SIDE, SAILOR ½ TURN, STEP, TAP, BACK BALL STEP, TAP

- 1-2      Cross right over left, step left to left side (straighten up to 9:00 wall)  
3&4      Step right behind left, step left to left side turning ¼ right, turn ¼ right step right forward (3:00)  
5-6&      Step left forward to left diagonal, tap right beside left, & step back on ball of right  
7-8      Step left in place, tap right beside left

Restart from here on wall 3

## ¼ TURN SCUFF, ½ TURN TOUCH, RIGHT & LEFT HEEL SWITCH, & HEEL HOOK HEEL

- 1-2      ¼ turn right step right forward, scuff left beside right, (6:00)  
3-4      Turning ½ right on ball of right step left forward, touch right beside left (12:00)  
5&6&      Touch right heel forward, step right beside left, touch left heel forward, step left beside right  
7&8      Touch right heel forward, hook right in front of left shin, touch right heel forward

## COASTER STEP, PIVOT ½ TURN, ROCK FORWARD/BACK, FULL TURN TRIPLE STEP

- 1&2-3-4      Step right back, step left beside right, step right forward, step left forward, pivot ½ right weight on right (6:00)  
5-6-7&8      Rock forward on left, rock back on right, turn a full turn left stepping left, right, left

## JUMP KICK, HOLD & CLAP, SAILOR STEP, CROSS SHUFFLE, SIDE ½ TURN

- 1-2      Jump onto right to right side & kick left to left, hold & clap  
3&4      Step left behind right, step right to right side, step left to left side  
5&6-7-8      Cross shuffle to left right, left, right, step left to left side, ½ turn right step right to right side (12:00)

## TOE HEEL, & CROSS SIDE, ROCK RIGHT, LEFT, & ¼ TURN SCUFF

- 1-2&3      Touch left toe turned in to left side, touch left heel to left side, step back on left, cross right over left  
4-5-6      Step left to left side, rock onto right in place, rock on to left in place  
&7-8      Quickly step right beside left turning ¼ right, step left forward, scuff right beside left (3:00)

**REPEAT**

**RESTART**

**Restart on 3rd wall after 32 counts, facing (9:00)**

**TAG**

**At the end of the 6th wall, facing (6:00)**

1-2&3-4      Step right, tap left, back ball step, tap left (first 4 counts of dance)

5-6&7-8      Step left, tap right, back ball step, tap right (same as counts 29-32)

---