

All By My Lonesome

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: DJ Dan (NL) & Wynette Miller (NL)
音乐: All By My Lonesome - Billy Yates



Start on the word lonesome. "All by my lonesome"

RIGHT CHASSE, ROCK STEP BACK; LEFT CHASSE, ROCK STEP BACK

1&2 Step right to right side, step left next to right, step right to right side
3-4 Rock back on left, recover weight onto right
5&6 Step left to left side, step right next to left, step left to left side
7-8 Rock back on right, recover weight onto left

RIGHT SHUFFLE, LEFT SHUFFLE; ROCK STEP, SHUFFLE ½ TURN RIGHT

1&2 Shuffle forward stepping right, left, right
3&4 Shuffle forward stepping left, right, left
5-6 Rock forward on right, recover weight onto left
7&8 Shuffle ½ turn right stepping right, left, right (6:00)

LEFT SHUFFLE, RIGHT SHUFFLE; ROCK STEP, ¾ TRIPLE TURN LEFT

1&2 Shuffle forward stepping left, right, left
3&4 Shuffle forward stepping right, left, right
5-6 Rock forward on left, recover weight onto right
7&8 Triple ¾ turn left stepping left, right, left (9:00)

RIGHT SIDE ROCK, CROSS SHUFFLE; LEFT SIDE ROCK, CROSS SHUFFLE

1-2 Rock right to right side, recover weight onto left
3&4 Cross right over left, step left to left side, cross right over left
5-6 Rock left to left side, recover weight onto right
7&8 Cross right over left, step right to right side, cross left over right

REPEAT