

拍数: 72 墙数: 2 级数: Intermediate
编舞者: Raunchy Rachel (UK)
音乐: Alive - Celine Dion



SIDE ROCK AND CROSS TWICE, LOCK STEP BACK, ½ TURN LEFT, LOCK FORWARD

1&2 Rock right to right side and recover, cross step right over left
3&4 Rock left to left side and recover, cross step left over right
5&6 Step back on right, lock left over right, step back on right
7&8 Step forward on left forward as make a ½ turn left, lock right behind left, step forward on left

SIDE ROCK BEHIND SIDE CROSS TWICE

1-2 Rock right to right side and recover weight onto left
3&4 Step right behind left, step left to left side, cross step right over left
5-6 Side rock left to left side and recover weight onto right
7&8 Step left behind right, step right to right side, cross step left over right

SHUFFLE FORWARD, RONDE AND CROSS STEP, LOCKSTEP BACK, ¼ TURN LEFT, LOCKSTEP FORWARD LEFT

1&2 Step forward on right, step left beside right foot, step forward on right
3-4 Ronde left foot to left side and cross step left over right
5&6 Step back on right, lock left in front of right, step back on right
7&8 Step forward on left as make a ¼ turn to the left, lock right behind left, step forward on left

KICK AND SIDE ROCKS TWICE, CROSS STEP BEHIND AND POINT TWICE

1&2& Kick right foot forward, step right beside left, rock left out to left side and recover weight onto right
3&4& Kick left foot forward, step left beside right, rock right out to right side and recover weight onto left
5-6 Cross step right behind left foot, point left foot to left side and click fingers
7-8 Cross step left behind right foot, point right foot to right side and click fingers

CROSS BEHIND UNWIND, ½ TURN SWIVELS, POINT BEHIND UNWIND, HITCH

1-2 Cross right behind left and unwind ½ turn to the right
3&4 Swivel heels to the right twice making a ½ turn to the left, transferring weight onto right foot
5-6 Point left toe back and unwind ½ turn left transferring weight onto left foot
7-8 Hitch right across body angling body slightly left, step right to right side so feet are slightly apart

HIP ROLL COASTER STEP TWICE

1-2 Place left toe forward, sway hips diagonally to the left leaning onto the left toe, recover weight onto right as swing hips back
3&4 Step back on left, step right next to left, step forward on left
5-6 Place right toe forward, sway hips diagonally to the right leaning onto the right toe, recover weight onto left as swing hips back
7&8 Step back on right, step left next to right, step forward on right

BEHIND, SIDE STEP ¼ TURN RIGHT, SYNCOPATED ½ TURN TO RIGHT, HEEL DIGS, SIDE ROCK LEFT

1-2 Cross step left behind right, step right to right side making a ¼ turn right
3&4 Step forward on left beginning to make a ½ turn right, step right foot in place next to left foot completing the turn, touch left toe in place next to right

- 5&6& Dig left heel forward, recover weight onto left foot and dig right heel forward, recover weight onto right foot
7-8 Rock left to left side, recover weight onto right

CROSS SHUFFLE, HEEL DIGS, SIDE ROCK RIGHT, CROSS SHUFFLE

- 1&2 Cross step left over right, step right to right side, cross step left over right
3&4& Dig right heel forward, recover weight onto right foot and dig left heel forward, recover weight onto left foot
5-6 Rock right to right side, recover weight onto left
7&8 Cross step right over left, step left to left side, cross step right over left

KICK, CROSS UNWIND, BALL CHANGE, ½ PIVOT TURN, SCUFF HITCH TOUCH

- 1 Kick left foot forward slightly to the left
2-3 Cross left over weight and unwind making a ½ turn right transferring weight onto left foot
&4 Step back on right toe and step forward left
5-6 Step right forward, pivot ½ turn left, step forward on left
7&8 Scuff right foot forward, hitch right knee, stomp right beside left keeping weight on left foot ready to begin dance again!

REPEAT

TAG

Danced once at end of third wall (you will be facing the back wall)

- 1-2 Skate right to right side, skate left to left side
3&4 Chasse right: step right to right side, step left beside right, step right to right side
5-6 Skate left to left side, skate right to right side
7&8 Chasse left: step left to left side, step right beside left, step left to left side.
9-10 Step right to right side, touch left toe behind right

Styling: swing arms round in a circle to the left

- 11-12 Step left to left side, touch right toe behind left

Styling: swing arms round in a circle to the right
