

# Alanis Coast

**COPPER KNOB**  
STEPSHETS

拍数: 32      墙数: 2      级数: Improver  
编舞者: Pepper Siquieros (USA)  
音乐: Thank U - Alanis Morissette



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## LEFT, RIGHT, LEFT COASTER, RIGHT, LEFT, RIGHT COASTER

1-2            Step left, right behind left angling body to right  
3&4           Step left back, step together right, step left forward  
5-6           Step right, left behind right angling body to left  
7&8           Step right back, step together left, step right forward

## PADDLE TURN $\frac{3}{4}$ RIGHT, LEFT COASTER

9-10           Step left forward, pivot  $\frac{1}{4}$  right onto right  
11-12          Step left forward, pivot  $\frac{1}{4}$  right onto right  
13-14          Step left forward, pivot  $\frac{1}{4}$  right onto right  
15&16          Step left back, step together right, step left forward

## FORWARD RIGHT, LEFT, RIGHT COASTER, LEFT, RIGHT, RIGHT COASTER

17-18          Forward right, forward left  
19&20          Step right back, step together left, step right forward  
21-22          Forward right, forward left  
23&24          Step left back, step together right, step left forward

## RIGHT, PIVOT $\frac{1}{2}$ LEFT, RIGHT SHUFFLE, LEFT, $\frac{1}{4}$ RIGHT, ROCK LEFT, RIGHT

25-26          Step right forward, pivot  $\frac{1}{2}$  left  
27&28          Step right forward, left, right  
29-30          Step left forward,  $\frac{1}{4}$  pivot to right onto right  
31-32          Rock forward left over right, step right

**REPEAT**

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