

Alabama Mist

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Joan Philip (UK)
音乐: Misty Blue - Scooter Lee



SWAY, SWAY, WEAVE SIDE BEHIND SIDE CROSS, PIVOT ½ TURN, HITCH

- 1-3 Step right foot to right side with hip sway, hold for 2 counts
4-6 Step left foot to left side with hip sway, hold for 2 counts
7 Step right foot to right side
8 Step left foot behind right
9 Step right foot to right side
10-12 Cross step left foot over right, pivot ½ turn left on ball of left foot over two counts while hooking right foot behind left

RIGHT TWINKLE, LEFT TWINKLE, CROSS, UNWIND ½ TURN LEFT, HOLD X 3

- 13-15 Cross rock right foot over left, rock back onto left, step right foot beside left
16-18 Cross rock left foot over right, rock back onto right, step left foot beside right
19 Cross step right foot over left
20-21 Unwind ½ turn left over 2 counts
22-24 Hold for three counts

WEAVE CROSS SIDE BEHIND, ¼ TURN, LOW KICK, RIGHT COASTER STEP, POINT, HOLD TWICE

- 25-27 Cross step right foot over left, step left foot to side, step right foot behind left
28 Step ¼ turn left on left foot
29-30 Kick right foot forward slowly over 2 counts (low kick)
31-33 Step back on right, step left foot beside right, step forward on right
34-36 Point left toe to left side, hold for 2 counts

LEFT SAILOR STEP, RIGHT SAILOR TURN, CROSS, HOLD TWICE, UNWIND ¼ TURN RIGHT

- 37-39 Step left foot behind right, step right foot to side, step left foot beside right
40-42 Step right foot behind left, step left foot to side, step right foot forward making ¼ turn right
43 Cross step left foot over right
44-45 Hold for 2 counts
46-48 Unwind ¼ turn right over 3 counts

REPEAT
