

Alabama Mist

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Joan Philip (UK)
音乐: Misty Blue - Scooter Lee



SWAY, SWAY, WEAVE SIDE BEHIND SIDE CROSS, PIVOT ½ TURN, HITCH

- 1-3 Step right foot to right side with hip sway, hold for 2 counts
- 4-6 Step left foot to left side with hip sway, hold for 2 counts
- 7 Step right foot to right side
- 8 Step left foot behind right
- 9 Step right foot to right side
- 10-12 Cross step left foot over right, pivot ½ turn left on ball of left foot over two counts while hooking right foot behind left

RIGHT TWINKLE, LEFT TWINKLE, CROSS, UNWIND ½ TURN LEFT, HOLD X 3

- 13-15 Cross rock right foot over left, rock back onto left, step right foot beside left
- 16-18 Cross rock left foot over right, rock back onto right, step left foot beside right
- 19 Cross step right foot over left
- 20-21 Unwind ½ turn left over 2 counts
- 22-24 Hold for three counts

WEAVE CROSS SIDE BEHIND, ¼ TURN, LOW KICK, RIGHT COASTER STEP, POINT, HOLD TWICE

- 25-27 Cross step right foot over left, step left foot to side, step right foot behind left
- 28 Step ¼ turn left on left foot
- 29-30 Kick right foot forward slowly over 2 counts (low kick)
- 31-33 Step back on right, step left foot beside right, step forward on right
- 34-36 Point left toe to left side, hold for 2 counts

LEFT SAILOR STEP, RIGHT SAILOR TURN, CROSS, HOLD TWICE, UNWIND ¼ TURN RIGHT

- 37-39 Step left foot behind right, step right foot to side, step left foot beside right
- 40-42 Step right foot behind left, step left foot to side, step right foot forward making ¼ turn right
- 43 Cross step left foot over right
- 44-45 Hold for 2 counts
- 46-48 Unwind ¼ turn right over 3 counts

REPEAT
