

Alabama Boogie

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 4 级数: Improver
编舞者: Kelvin Elvidge (USA)
音乐: Jukebox In My Mind - Alabama



RIGHT HEEL BALL CROSS, STEP RIGHT TO RIGHT SIDE, STOMP LEFT

1&2 Touch right heel forward, step back on ball of right foot, cross step left foot over right
3-4 Step right foot to right side, stomp left foot beside right (weight ends left)

STEP SCUFFS FORWARD

1-2 Step forward on right foot, scuff the left foot
3-4 Step down on left foot, scuff the right foot

TURNING JAZZBOX ¼ TO RIGHT, KNEE POPS RIGHT THEN LEFT

1-2 Cross step right foot over left, step back on left foot
3-4 Step right foot to right side turning ¼ turn to right, step left foot together
5-6 Lift right heel slightly, on ball of right foot swivel right knee to right side and return, stepping down on right heel
7-8 Lift left heel slightly, on ball of left foot swivel left knee to left side and return, stepping down on left heel

VINE RIGHT AND CLAP, VINE LEFT AND CLAP

1-2 Step right foot to right side, cross step left foot behind right
3-4 Step right foot to right side, touch left foot together and clap
5-6 Step left foot to left side, cross step right foot behind left
7-8 Step left foot to left side, touch right foot together and clap

FORWARD HEEL STRUTS

1-2 Touch right heel forward, step down on right foot
3-4 Touch left heel forward, step down on left heel
5-6 Touch right heel forward, step down on right foot
7-8 Touch left heel forward, step down on left heel

TOUCH RIGHT FORWARD, HOLD, TOUCH RIGHT TO RIGHT, HOLD, STEP TOGETHER, TOUCH LEFT FORWARD, TOUCH LEFT TO LEFT, CROSS LEFT OVER RIGHT, UNWIND ½ RIGHT AND CLAP

1-2 Touch right heel forward, hold
3-4 Touch right toe to right side, hold
&5-6 Step right together, touch left heel forward, touch left toe to left side
7-8 Cross left foot over right, unwind ½ turn to right and clap

REPEAT
