

Ain't Your Mama

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Improver
编舞者: KC Douglas (USA)
音乐: I Ain't Your Mama - Amber Dotson



LOCK STEP, CURVE BRUSH ¼ LEFT, LOCK STEP, TOUCH

1-3 Right forward, lock left behind right, step right forward
4 Brush left in a ¼ curve to the left
5-8 Left step to left, lock right behind left, step left forward, right toe touch together

RIGHT-HEEL, BACK, CROSS, SIDE, LEFT HEEL, BACK, CROSS, SIDE

1-4 Right heel forward, step right back, left cross right, right step to right side
5-8 Left heel forward, step left back, right cross left, left step to left side

TOE POINTS FORWARD, STEPPING BACKWARDS

1-2 Point right toe forward in front of left foot, step right back
3-4 Point left toe in front of right foot, step left back
5-6 Point right toe forward in front of left foot, step right back
7-8 Point left toe forward in front of right foot, step right back

TOE PUSHES FORWARD, OUT, OUT, HIP ROLL

1-2 Push right toe forward, 2x, stepping down on right on 2nd push
3-4 Push left toe forward, 2x, stepping down on left on 2nd push
5-6 Stepping forward, step right out to right side, left out to left side
7-8 Roll hips counter clock wise for 2 counts

Styling tip: use a lot of attitude, push hips forward while pushing toes, fists can be placed on hips

PIVOT ½, ROCK STEP, RECOVER, ROCK STEP, RECOVER, PIVOT ½

1-4 Step right forward, ½ pivot left (weight on left), right rock forward, left recover
5-6 Right rock back, left recover
7-8 Step right forward, ½ pivot left

TOE PUSHES FORWARD, OUT, OUT, HIP ROLL, (REPEAT OF 25-32)

1-2 Push right toe forward, 2x, stepping down on right on 2nd push
3-4 Push left toe forward, 2x, stepping down on left on 2nd push
5-6 Stepping forward, step right out to right side, left out to left side
7-8 Roll hips counter clock wise for 2 counts

See styling tips section 4, counts 25-32

REPEAT