

Ain't What Y'do

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Jo Balls (UK), Stewart Gimson (UK), Jim Grice (UK) & Dave Munro (UK)
音乐: It Ain't What You Do It's the Way That You Do It - Fun Boy Three & Bananarama



INTRO: JAZZ BOXES

This intro is optional, you can join in at any time during the 32 counts

1-4 Cross right over left, step left back, step right to right, step left forward

5-32 Repeat for a total of 32 counts

Begin main dance on the words "It ain't"

THE MAIN DANCE

WALK TWICE, CROSS STEP, STEP BACK, STEP SIDE, CROSS STEP, COASTER STEP, STEP FORWARD, CROSS STEP

1-2 Walk forward right, and left

3&4& Cross right over left, step left back, step right to right, cross left over right

5&6 Step back right, step left next to right, step right forward

7-8 Step forward left, cross right over left

STEP BACK, STEP SIDE, CROSS STEP, COASTER STEP, STEP FORWARD, FORWARD AND BACK CHARLESTON

&1& Step left back, step right to right, cross left over right

2&3-4 Step back right, step left next to right, step right forward. Step forward left

5-6 Sweep right out to right and touch forward (weight remains on left), sweep right out to right and step back with weight

7-8 Sweep left out to left and touch backward (weight remains on right), sweep left out to left and step forward with weight

ROLLING VINE, STEP BACK, STEP TOGETHER, ROLLING VINE, COASTER STEP

1-3 ¼ turn right stepping forward on the right, ½ turn right stepping left back, ¼ turn right stepping right to right

4& Step back left, step right next to left

5-7 ¼ turn left stepping forward on the left, ½ turn left stepping right back, ¼ turn left stepping left to left

8&1 Step back right, step left next to right, step forward right

WALK TWICE, ½ PIVOT, KICK-BALL, KICK-BALL, KICK-BALL, STEP

2-4 Walk forward left, and right, pivot ½ turn left stepping on the left

5&6& Kick right forward, step onto ball of right, kick left forward, step onto ball of left

7&8 Kick right forward, step onto ball of right, step left forward

CROSS BEHIND, STEP SIDE, SIDE SHUFFLE, KICK-BALL, KICK-BALL, KICK-BALL, STEP

1-2 Cross right behind left, step left to left

3&4 Step right to right, close left next to right, step right to right

5&6& Kick left forward, step onto ball of left, kick right forward, step onto ball of right

7&8 Kick left forward, step onto ball of left, step right forward

CROSS BEHIND, STEP SIDE, SIDE SHUFFLE ¼ TURN, ROCKING CHAIR TWICE

1-2 Cross left behind right, step right to right

3&4 Step left to left, close right next to left, ¼ turn left stepping forward left

5&6& Rock forward right, recover back left, rock back right, recover forward left

7&8& Rock forward right, recover back left, rock back right, recover forward left

SYNCOPATED ¼ MONTEREY TWICE, WALK TWICE, ROCK-RECOVER-STEP

- 1&2& Point right to right, ¼ turn right stepping right next to left, point left to left, step left next to right
3&4& Point right to right, ¼ turn right stepping right next to left, point left to left, step left next to right
5-6 Walk forward right, and left
7&8 Rock back right, recover forward onto left, step forward right

WALK TWICE, ROCK-RECOVER-STEP, STEP ¼ PIVOT, 3 HIP BUMPS

- 1-2 Walk forward left, and right
3&4 Rock back left, recover forward onto right, step forward left
5-6 Step forward right, ¼ pivot left
7&8 Bumps hips left, right, left

REPEAT
