

# Ain't Too Proud

**COPPER KNOB**  
BY STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Larry Bass (USA)  
音乐: Ain't Too Proud to Beg - The Temptations



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## WALK, WALK, TOE & HEEL & STEP FORWARD, HEEL TAPS TURNING ¼ TURN

1-2            Step right forward; step left forward  
3&4            Touch right toe behind left heel, step slightly back on right, touch left heel forward  
&5            Step left beside right, step right forward  
6-8            Lift left heel & tap down 3 times while turning ¼ turn left on right

## & CROSS, TOUCH, BUMP & BUMP TURNING ¼ TURN, COASTER STEP, STEP ¼ TURN

&9-10          Step left beside right, step right across left; touch left toe beside right  
11&12         Bump hips to left, bring hips to center, bump hips to left while turning ¼ turn right onto left  
13&14         Step right back, step left beside right, step right forward  
15-16         Step left forward; turn ¼ turn right onto right

## CROSSOVER SHUFFLE, BUMP & BUMP; SAILOR SHUFFLES

17&18         Step left across right, step right slightly to right, step left across right  
19&20         Bump hips right, bring hips to center, bump hips to right with weight onto right  
21&22         Step left behind right, step right to right side, step left diagonally forward to left side  
23&24         Step right behind left, step left to left side, step right diagonally forward to right side

## ROCK STEP, BACKWARD ROLL; COASTER STEP, KICK-BALL-CHANGE

25-26         Step left forward; rock back onto right  
27            Turn backward ½ turn left while stepping left forward  
28            Turn backward ½ turn left while stepping right back  
29&30         Step left back, step right beside left, step left forward  
31&32         Kick right forward, step ball of right beside left, step left beside right

## REPEAT

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