

Ain't That Just The Way

COPPERKNOB
BY STEPHEN HETS

拍数: 64 墙数: 2 级数: Intermediate/Advanced
编舞者: Pat Stott (UK) & Jennie Stott (UK)
音乐: Ain't That Just the Way - Lutricia McNeal



BACK, CROSS, BACK, BACK, CROSS, BACK, HEEL JACK, CLOSE, CROSS, UNWIND $\frac{3}{4}$ TURN LEFT WITH 3 HEEL BOUNCES

1-2 Step diagonally back on right, cross left over right
3&4 Step diagonally back on right, step diagonally back on left, cross right over left
&5 Step diagonally back on left, extend right heel diagonally forward
&6 Close right to left, cross left behind right
7&8 Unwind $\frac{3}{4}$ turn left raising and lowering heels 3 times

WALK FORWARD, WALK FORWARD, MAMBO FORWARD, RONDE, RONDE, RONDE/BEHIND, SIDE, CROSS

1-2 Walk forward on right, walk forward on left (swinging arms right, left)
3&4 Rock forward on right, recover back on left, step back on right
5-6 Swing left foot round from front to back and step back, swing right foot round from front to back and step back
7&8 Swing left foot round from front to back and step behind, step right to right, cross left over right

SIDE, RECOVER, CROSS, SIDE, RECOVER, CROSS, POINT, PADDLE $1\frac{1}{2}$ TURN TO RIGHT

1&2& Rock right to right, recover on left, cross right over left, rock left to left
3&4 Recover on right, cross left over right, point right to right
5 Small step right to right side turning $\frac{1}{4}$ to right starting a right paddle turn
& Continuing right paddle turn - step on ball of left foot
6 Replace weight to right foot continuing right turn
& Continuing right paddle turn - step on ball of left foot
7 Replace weight onto right continuing right turn
& Continuing right paddle turn - step on ball of left foot
8 Replace weight to right foot completing the $1\frac{1}{2}$ paddle turn

CROSS, SIDE, RECOVER, CROSS, SIDE, RECOVER, SKATE, SKATE, LOCK STEP FORWARD

1&2 Cross left over right, rock right to right, recover on left
3&4 Cross right over left, rock left to left side, recover onto right
5-6 Skate forward - left, right
7&8 Step forward on left, lock right behind left, step forward on left

SCUFF, HITCH, BACK, CLOSE, TOUCH FORWARD, SWIVEL HEELS OUT, IN, SAILOR STEP BACK, SAILOR STEP BACK

1&2& Scuff right heel forward, hitch right knee, step back on right, close left to right
3&4 Touch right toe forward, swivel both heels - out, in
5&6 Step right behind left, rock left to left, step back on right
7&8 Step left behind right, rock right to right, step back on left

FORWARD, $\frac{1}{2}$ TURN RIGHT, KICK BALL TOUCH, RIGHT, TOUCH, LEFT, TOUCH, RIGHT, TOUCH, TOUCH OUT, IN

1-2 Step forward on right, pivot $\frac{1}{2}$ turn to right dragging the left toe behind the right
Will finish just slightly crossed behind the right
3&4 Kick left forward, step onto ball of left, touch right next to left
&5&6 Step right to right, touch left next to right, step left to left, touch right next to left

&7&8 Step right to right, touch left next to right, touch left toe to left, touch left toe to right foot

SIDE, CROSS, SIDE, ROCK, CROSS, FULL MONTEREY TURN RIGHT, SIDE, ROCK, CROSS

1& Step left to left - raise and lower shoulders twice (count 1 &) - look to left
2& Cross right over left - raise and lower shoulders twice (count 2&)- look to left
3&4 Rock left to left, recover on right, cross left over right
5-6 Touch right to right, pivot full turn to right on left foot and close right to left
7&8 Rock left to left, recover on right, cross left over right

KICK, CROSS, BACK AND ¼ TURN RIGHT, SIDE, KICK, CROSS, BACK, SIDE, SLIDE TO RIGHT, FIGURE 8 WITH HIPS, HIP BUMP

1& Kick right foot forward, cross right over left
2& Step back on left turning ¼ to right, step right to right side
3& Kick left foot forward, cross left over right
4& Step back on right, step left to left relaxing right knee towards left leg
5-6 Large step to right, slide left to right
7&8 Quickly rotate hips left to right in a figure of 8, finish on a bump to left (weight on left)

REPEAT
