

Ain't Sorry

拍数: 48 墙数: 4 级数:
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音乐: The Truth About Men - Tracy Byrd



RIGHT HOOK, LEFT HOOK

- 1-4 Touch right heel forward, hook right across left knee, touch right heel forward, step right next to left
- 5-8 Touch left heel forward, hook left across right knee, touch left heel forward, step left next to right

WEAVE RIGHT, ¼ TURN SHUFFLE, ½ TURN

- 9-12 Step right to right side, step left behind, step right to right side, step left across right
- 13&14 Step right to right side, step left next to right, make ¼ turn right step right forward
- 15-16 Step left forward, pivot ½ turn right stepping on right

WEAVE LEFT, ¼ TURN SHUFFLE, ½ TURN

- 17-20 Step left to left side, step right behind, step left to left side, step right across left
- 21&22 Step left to left side, step right next to left, make ¼ turn left step left forward
- 23-24 Step right forward, pivot ½ turn left stepping on left

MONTEREY TURN TWICE

- 25-28 Point right toe to right side, turn ½ right on ball of left stepping on right, point left toe to left, step left next to right
- 29-32 Repeat above 4 counts (completed full turn)

KICK BALL CHANGE TWICE, JAZZ BOX ¼ TURN

- 33&34 Kick right foot forward, step on ball of right, step down on left
- 35&36 Repeat steps 33 & 34
- 37-40 Step right foot across left, step back on left, make ¼ turn right stepping on right, touch left next to right

½ PIVOT WITH HOLDS, ROCK STEP, COASTER

- 41-44 Step left forward, hold, pivot ½ right stepping on right, hold
- 45-46 Step left forward, replace weight to right
- 47&48 Step left back, step right back next to left, step left forward

REPEAT
