

Ain't Nobody's Business

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Carol Mckee (AUS)
音乐: Ain't Nobody's Business But My Own - Roger Brown & Swing City



WALK, WALK, SHUFFLE, ROCK, ROCK, SHUFFLE

1-2-3&4 Walk forward right, walk forward left, shuffle forward right, left - right
5-6-7&8 Rock forward left, rock back right, shuffle back left - right - left

TOE HEEL X 4, SHUFFLES TWICE

&9 Touch right toe forward, lift left heel at the same time, drop left heel
&10 Touch right toe forward 45 degrees, lift left heel at same time, drop left heel
&11 Touch right toe to right side, lift left heel at same time, drop left heel
&12 Touch right toe back 45 degrees, lift left heel at same time, drop left heel
13&14 Shuffle forward right, left, right
15&16 Shuffle forward left, right, left
17-24 Repeat last 8 counts

TOES OUT & IN

&25&26 Step right toe to right, step left toe to left, step right toe to center, step left toe next to right
&27&28 Step right toe to right, step left toe to left, step right toe to center, step left toe next to right
&29&30 Step right toe to right, step left toe to left, step right toe to center, step left toe next to right
&31&32 Step right toe to right, step left toe to left, step right toe to center, step left toe next to right

TURNS & SHUFFLES

33-34 Step right toe to right turning $\frac{1}{4}$ turn right, turn $\frac{3}{4}$ turn right on left (full turn right turn, stepping right, left)
35-36 Step right toe to right turning $\frac{1}{4}$ turn right, turn $\frac{3}{4}$ turn right on left (full turn right turn, stepping right, left)
37&38 Shuffle right, left, right to right side (side together side)
39&40 Shuffle left, right, left to left side (side together side)

ROCK, ROCK, SHUFFLE, ROCK, ROCK, SHUFFLE

41-42 Rock forward right, rock back left
43&44 Shuffle back right, left, right
45-46 Rock back left, rock forward right
47&48 Shuffle forward left, right, left

HEEL BALL STEP, HEEL BALL STEP, CROSS BACK, SHUFFLE

49&50 Touch right heel over left, step back on right toe, step on left 45 degrees left
51&52 Touch right heel over left, step back on right toe, step on left 45 degrees left
53-54 Step right over left, step back on left
55&56 Shuffle to the right, right, left, right

HEEL BALL STEP, HEEL BALL STEP, CROSS BACK, SHUFFLE

57&58 Touch left heel over right, step back on left toe, step on right 45 degrees right
59&60 Touch left heel over right, step back on left toe, step on right 45 degrees right
61-62 Step left over right, step back on right
63&64 Triple step left, right, left turning $\frac{1}{2}$ turn left

REPEAT

