

Ain't Nobody

拍数: 32 墙数: 4 级数: Improver
编舞者: Craig Cooke (UK) & Danny Smith (SCO)
音乐: Ain't Nobody (feat. Richard X) - Liberty X



KICK BALL POINTS TWICE RIGHT SAILOR STEP & LEFT SAILOR STEP

1&2 Kick right foot forward, point left to left side
3&4 Kick left foot forward, point right to right side
5&6 Step left behind right, step right to right side, step left to left side
7&8 Step right behind left, step left to left side, step right to right side

½ PIVOT TURN LEFT, WALK FORWARD TWICE, HEEL & CROSS, BOUNCE X3 (MAKING ¼ TURN)

1-2 Step forward on right, pivot ½ turn to left
3-4 Walk forward right, left
5&6 Right heel dig forward, step right in place & cross left over right
7&8 Bounce heels x3 making ¼ turn to right

TRAVELING SWIVELS OUT & IN, CROSS STEP BACK, STEP & SLIDE

1&2 Swivel right heel out to right side, right toe out to right side, swivel right heel out to right side
(with no weight on right)
3&4 Swivel right heel in towards left, swivel right toe towards left, swivel right heel in towards left
(with no weight)
5-6 Cross right foot over left foot, step back on left foot
7-8 Slide right foot to right side, drag left to right foot (no weight on left foot)

3X TOE SWITCHES, LEFT FLICK BACK, POINT LEFT, LEFT COASTER STEP BACK, CROSS UNWIND

1&2 Point left toe forward, step left next to right, point right toe forward
& Step right next to left
3&4 Point left forward, flick left foot back, point left toe forward
5&6 Step back on left foot, step right next to left, step forward onto left
7-8 Cross right over left, unwind full turn

REPEAT
